

YVEDDI Head Start

A Quarterly Publication for Parents, Staff, and Community

MAY/JUNE 2017

2017-2018 School Recruitment

YVEDDI Head Start program is in process of our program-wide recruitment for the 2017-2018 School year.

Parents in order to guarantee your child's enrollment, paperwork must be completed indicating your child will be returning next year. Your Family Advocate will contact you to complete the appropriate paperwork.

We also encourage parents to notify others with age eligible children in the community to apply for Head Start services next year.



We offer:

- ◆ Free Health Services
- ◆ Free Dental Service
- ◆ Free nutritious meals and snacks
- ◆ Individualized family support
- ◆ We also serve children with special needs

Call for more information

Davie County
(336) 284-2374

Stokes County
(336) 593-2370
(336) 983-2344

Surry County
(336) 786-6155 ext.
227/230/228

Yadkin County
(336) 367-7175
(336) 463-4137

INFORMATION NEEDED TO COMPLETE APPLICATION

Child's Birth Certificate

Immunization Record

Verification of income for each parent/caregiver
(current W-2/tax forms)

Child Support
Verification (if any)

Medicaid/Insurance Card

Documentation of child's disability (if any)

A physical is required
before enrollment



Your child must be 3 or 4 years old by August 31st

Head Start Closing Dates 2017	
Center	Last Day
JG Koontz 2	May 4th
Mocksville	May 4th
Oak Grove	May 4th
Jones 1	May 5th
Jones 2	May 5th
Jones 4	May 5th
Jones 6	May 5th
Sandy Ridge	May 5th
Jonesville	June 5nd
Boonville	June 5nd
JR Hutchens 1 & 2	June 5nd
Yadkinville	June 5nd
JG Koontz 1	June 5nd
Jones 3	June 5th
Jones 5	June 5th
Paynetown	June 5th
Surry	June 5th
Danbury	June 5th
Red Hill Creek	June 6th
London	June 6th
Mount Olive	To be announced

Program Mission
The YVEDDI Head Start Program will continuously establish and evaluate program practices that will bring about the greatest success for children and families.



Paynetown Head Start had a visit from the Easter Bunny on April 12th.

He hid Easter eggs and played on the playground with the children

The children loved it!!!

TOP 10 PARENTING SKILLS

Raising kids does take skill - as well as patience, stamina and lots of love! Feeling confident that you have the skills to raise your kids well means that you probably will.

Robert Epstein, a researcher and professor in psychology, describes the parenting skills that can really help you raise happy and healthy kids. Here are the top 10.



- 1. Love and affection:** You support and accept your child, are physically affectionate, and spend quality one-on-one time together.
- 2. Stress management:** You take steps to reduce stress for yourself and your child, practice relaxation techniques, and think positively.
- 3. Relationship skills:** You maintain a healthy relationship with your partner, significant other or co-parent, and model good relationship skills.
- 4. Autonomy and independence:** You treat your child with respect and encourage him or her to become self-sufficient and self-reliant.
- 5. Education and learning:** You promote and model learning, and provide educational opportunities for your child.
- 6. Life skills:** You provide for your child, have a steady income, and plan for the future.
- 7. Behavior management:** You make extensive use of positive reinforcement, and reprimand only when other methods of managing behavior have failed.
- 8. Health:** You model a healthy lifestyle and good habits, such as regular exercise and healthy eating.
- 9. Religion:** You support spiritual or religious development, and participate in spiritual or religious activities.
- 10. Safety:** You take precautions to protect your child and maintain awareness of the child's activities and friends.

The most important skills are loving your kids, managing your own stress, and teaching your kids to be loving and independent themselves.

Jodie Benveniste is a psychologist and parenting author. You can find more parenting inspiration at parentwellbeing.com.

If your child has not already attended a screening at your local school please contact them for an appointment. If you are unsure of which school your child will be attending please contact your child's teacher.

School	Phone
Cooleemee Elementary	336-284-2581
Cornatzer Elementary	336-940-5097
Mocksville Elementary	336-751-2740
Pinebrook Elementary	336-998-3868
Shady Grove Elementary	336-998-4719
William R. Davie Elementary	336-492-5421
School	Phone
Boonville Elementary	336-367-7021
Courtney Elementary	336-463-5510
East Bend Elementary	336-699-3989
Fall Creek Elementary	336-699-8257
Forbush Elementary	336-699-8447
Jonesville Elementary	336-835-3201
West Yadkin Elementary	336-468-2526
Yadkinville Elementary	336-679-8921
School	Phone
Cedar Ridge Elementary	336-352-4320
Copeland Elementary	336-374-2572
Dobson Elementary	336-386-8913
Flat Rock Elementary	336-786-2910
Franklin Elementary	336-786-2459
Mountain Park Elementary	336-874-3933
Pilot Mountain Elementary	336-444-8200
Rockford Elementary	336-374-6300
Shoals Elementary	336-325-2518
Westfield Elementary	336-351-2745
White Plains Elementary	336-320-3434
School	Phone
Francisco Elementary	336-351-2453
Germanton Elementary	336-591-4021
King Elementary	336-983-5824
Lawsonville Elementary	336-593-8284
London Elementary	336-591-7204
Mount Olive Elementary	336-983-4351
Nancy Reynolds Elementary	336-351-2480
Pine Hall Elementary	336-427-3689
Pinnacle Elementary	336-368-2990
Poplar Springs Elementary	336-985-0234
Sandy Ridge Elementary	336-871-2400
Walnut Cove Elementary	336-591-4408

Literacy Tips

Give your children a head start on success—teach them that reading is **FUN!** Here are a few tips that will increase literacy skills in young children. Research proves that those children that are read to, and who read for pleasure, are significantly more successful in school than children who are not.

Read together every day. Read to your child every day, making this a warm and loving time when the two of you can cuddle close together. Bedtime is a great time for reading together.

Give everything a name. You can build comprehension skills early, even with the littlest child. Play games that involve naming or pointing to objects. Say things like, "Where's your nose?" and then, "Where's Mommy's nose?" Or touch your child's nose and say, "What's this?"

Express how much you enjoy reading together. Tell your child how much you enjoy reading with him or her. Look forward to this time you spend together. Talk about "story time" as the favorite part of your day.

Read with fun in your voice. Read to your child with humor and expression. Use different voices for different characters. Ham it up!

Know when to stop. If your child loses interest or has trouble paying attention, just put the book away for a while. Don't continue reading if your child is not enjoying it.

Be interactive. Engage your child so he or she will actively listen to a story. Discuss what's happening, point out things on the page, and answer your child's questions. Ask questions of your own and listen to your child's responses.

Read it again and again and again. Your child will probably want to hear a favorite story over and over. Go ahead and read the same book for the 100th time! Research suggests that repeated readings help children develop language skills.

Talk about writing, too. Draw your child's attention to the way writing works. When looking at a book together, point out how we read from left to right and how words are separated by spaces.

Point out print everywhere. Talk about the written words you see in the world around you and respond with interest to your child's questions about words. Ask him or her to find a new word every time you go on an outing.

School Readiness and Transitioning to Kindergarten

Kindergarten! ... here I come!



What is school readiness? School readiness is children being ready for kindergarten by being prepared emotionally, socially, behaviorally, and academically in order to be successful in kindergarten.

Simple things that you can do at home over the summer can really make a difference in how successful your child will be. Keep children in a routine by having a set time for bed, bath, short naps, and meals.

Encourage Independence

Now is the time to boost independence, by teaching your child to attend to his own needs. By the end of summer and kindergarten rolls around, your child should be able to use the restroom without assistance and afterwards wash their hands without a reminder. Ensure your child can wipe and blow their nose and dispose of the tissue properly. Children will be required to carry their lunch tray to the table without assistance. Have your child help carry items to the table at home and a serving tray at fast food restaurants. These simple, but needed, skills will help your child be more successful.

Strengthening Fine motors skills: Before children can learn to write they must first be able to properly hold a pencil. Holding and using scissors correctly, using glue without creating a puddle, using a paint brush and controlling the amount of paint when dipped are all essential school readiness skills. Remember practice makes perfect. Allow your child to use old magazines, newspapers, and odds and ends stuff to practice their skills.

Practice Writing & Name Recognition: Throughout the summer have your child to practice their writing skills by; writing their name, writing the grocery list, signing their name to any cards that you might send out to family and friends. Remember this is practice so it want be prefect.

Literacy Skills: Make sure to read to your child daily.

When reading to your child, make sure to ask questions before, during and after the book. This helps with critical thinking skills, memory, and increased vocabulary. Asking questions like, what do you think will happen next?, what was your favorite part of the story?, can you tell me what happened in the story?, are just a few examples of questions to ask during and after reading a story.

Remember the transition from preschool to Kindergarten can be a traumatic and exciting experience in the life of a young child. Kindergarten has a more strenuous learning environment, stricter behavior expectations and longer school days. The transition to Kindergarten requires intentional parental involvement and activities to ensure your child is ready for the next phase of their education.



Success Story

Leigha reenrolled her daughter in Head Start in August 2016 for a second year. She then started taking classes at UNCG to pursue her BSN in Nursing. Mom expressed that with Mia being enrolled in Head Start she was able to pursue her education. While working full time at Baptist Hospital, she was also taking classes at UNCG. Leigha has had a full schedule for these past months; nevertheless, this mom's hard work, determination and dedication has helped her succeed and reach her dream and obtain her degree. Leigha will receive her Bachelor of Science in Nursing on May 12, 2017.

*Congratulations
Leigha!*

**Holidays
Classrooms & Offices
Closed**

**May 29
Memorial Day**



10 Fun Fitness Summer Activities for Kids

To keep kids moving, the American Council on Exercise suggests ten, fun fitness summer activities.

Soccer: This highly active game involving both agility and teamwork has grown increasingly popular in the U.S. in recent years. To keep kids injury free, be sure they are geared up in appropriate protective equipment, such as shin guards. Soccer players should also wear shoes with cleats or ribbed soles to prevent slipping.

Martial arts: With a variety of forms to choose from, martial arts are a great way to get kids involved in a sport that involves strength, coordination and mental discipline. Proper training and equipment to prevent injury are a must.

Bike riding: Bicycle riding is a fun activity for the whole family. Experts suggest children ride on sidewalks and paths until they are at least 10 years old, show good riding skills and are able to follow the rules of the road. Helmets, of course, are a necessity for both children and adults.

Swimming: Nothing beats splashing around a pool with friends, and swimming offers the benefits of a full-body workout for both young and old. The American Academy of Pediatrics recommends swimming lessons for children ages 4 and up, although classes are available for babies and toddlers as well.

Basketball: Whether it's a round of HORSE, a game of one on one, or a full-court competition, basketball is ideal for developing hand/eye coordination and teamwork. Encourage children under the age of seven to use a smaller foam or rubber ball, and lower the height of the basket if possible.

Obstacle courses: Challenge kids to use a variety of different skills by setting up an obstacle course at the park using playground equipment or other items, such as jump ropes, balls and cones.

Dancing: Whether your kids like ballet or hip-hop, dancing encourages them to be creative and move their bodies freely. For video arcade fans, an innovative new game challenges opponents to follow a dance routine while watching the video. Kids can spend time learning new moves while also getting a great workout.

Board sports: Whether snowboarding in the winter, surfing in the summer, or skateboarding year-round, kids love to be on the board. Injury risk, however, is higher for these sports. For both snowboarding and skateboarding, kids should wear helmets to prevent head injuries, and surfers or boogie-boarders should always be accompanied by an adult.

Jumping rope: Jumping rope is still a favorite on most playgrounds. Whether alone or in a group, jumping rope challenges both coordination and stamina.

Ice-skating/inline-skating: Ice-skating, inline-skating and hockey can be both fun and safe as long as appropriate protective gear such as a helmet, wrist guards and kneepads are worn. Hockey players should wear a helmet with foam lining and a full-face mask, a mouth guard, pads for shoulders, knees, elbows and shins, as well as gloves.



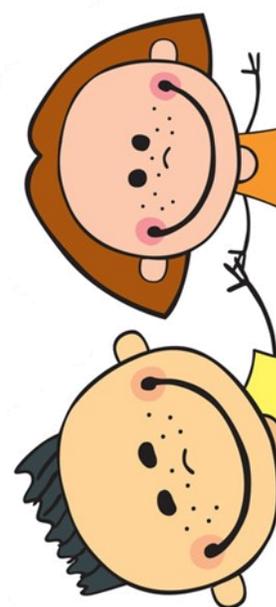
End of the Year Celebrations

The end of the year is approaching fast and it is time to celebrate your child and all they have accomplished this school year; building friendships, improving fine motor skills, recognizing letters, numbers and so much more. It really is an exciting time in your little one's life. As your center prepares for your end of the year celebration please invite your child's immediate family members and the ones that have helped make the child's educational experience with Head Start a success. Each center's event has been planned by their Parent Committee and there is a variety of different celebrations planned. Please enjoy the occasion, take plenty of pictures, give extra special hugs and thank yous to your child's teachers because biologically that child is yours, but for the past 160+ days, they are a piece of that Teacher's heart.



COME CELEBRATE!!

End of Year Celebration		
Location	Date	Time
Mocksville - Center	April 26	4-6pm
Sandy Ridge - Center	May 2	5-7pm
JG Koontz - Cooleemee Park	May 3	3:30 – 5:30pm
Surry - Center	May 3	5-7pm
Oak Grove - Thurmond Community Center	May 4	4-6pm
Jones - Riverside Park	May 5	5-7pm
JR Hutchens - Center	May 8	4-6pm
Danbury - Center	May 8	4:30-6pm
Mount Olive - School cafeteria	May 9	4-6pm
London - School cafeteria	May 10	2-2:45pm
Yadkinville - Center	May 11	5-7pm
Paynetown - Center	May 11	4-6pm
Boonville - Picnic Shelter	May 23	5-6:30pm
Red Hill Creek - Park Square Dobson	May 25	4-6pm
Jonesville - Lila Swaim Park	May 25	4-6pm



Do you have a child with disabilities?



IDEA - the Individuals with Disabilities Education Act (p. L. 102-119) was passed by Congress and requires that all states and territories provide a public school education to children with disabilities from ages 3 to 21, no matter how severe their disabilities are.

This law promises to children with disabilities a “free appropriate public education” at public expense, that their educational placement is based on an evaluation of each child’s own special needs and that an Individualized

Education Program (IEP) is planned for your child and states the services they will receive. If you have a child with disabilities be sure they are receiving the special education they deserve.

If you need further information, please call the Head Start Office at (336) 367-4993 and we'll be glad to help.