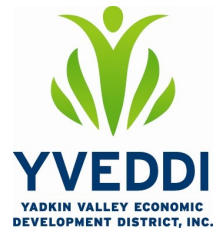


# EAST BEND SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

November 2015



**Seniors' Health Insurance Information Program**  
Insurance Commissioner Wayne Goodwin

## NEWS

855-408-1212 • [www.ncshiiip.com](http://www.ncshiiip.com)

### Do You Need Help Paying for Your Prescriptions?

Do you ever have difficulty paying for your prescription drugs? Do you have limited income and assets? If you answered "yes" to either of these questions and you are a person with Medicare, Extra Help may be available for you.

The federal Low-Income Subsidy (LIS) program, also known as Extra Help, assists qualified Medicare beneficiaries with out-of-pocket expenses associated with Medicare Part D prescription drug expenses. There are more than 70,000 Medicare beneficiaries in North Carolina who may be eligible for this program but have yet to apply. The Seniors' Health Insurance Information Program—or SHIIP—is a division of the N.C. Department of Insurance that can help beneficiaries understand and apply for this assistance.

"Many Medicare beneficiaries are not aware that this assistance program is available to them," said Insurance Commissioner Wayne Goodwin. "SHIIP can help people with Medicare understand what they may be qualified to receive."

To qualify for Extra Help, a Medicare beneficiary must meet certain income, resource and asset level requirements. The income and asset limits for Extra Help are \$1,471.25 per month with assets up to \$13,640 if you are single, and \$1,991.25 per month with assets up to \$27,250 if you are married.

Income includes monthly earnings, Social Security and Veterans' benefits, disability payments, cash contributions, retirements and pensions. Resources and assets include the value of items that the person owns, such as cash, stocks, bonds, retirement accounts, the value of a second car, boats and any real property that is not the primary residence and does not produce income. Resources do not include appliances and other household furnishings, clothing or other personal items, such as jewelry. Assets excluded from the evaluation process are a home, all property attached to the home, personal belongings, one vehicle and irrevocable burial contracts and plots.

Individuals who qualify for these programs will receive Extra Help with their Medicare Part D prescription drug plans at the 100 percent level. This means they will pay a reduced co-pay of \$2.65 for generic drugs and \$6.60 for name-brand drugs, as well as lower monthly premiums.

When you apply for Extra Help through Social Security's website, you can also choose the option to apply for Medicare Savings Programs during the online application process. The SHIIP office can assist you with applying online for the Extra Help program and, subsequently, the Medicare Savings Programs through the Social Security Administration website at [www.socialsecurity.gov](http://www.socialsecurity.gov). Medicare beneficiaries may also apply online themselves or by contacting the Social Security Administration at 1-800-772-1213.



Join Us for Breakfast  
And fellowship with friends  
as we Honor all Veterans

FRIDAY

**NOV 13**

9:30 AM

Biscuits and coffee will be provided  
Buddy Rhodes, Singer  
Chaplain Mark Brown, Guest Speaker  
A special pinning ceremony for all Veterans

Sponsored By



East Bend Senior Center • 473 E. Main Street • East Bend, NC 27018 • (336) 699-5100



### Widow/Widower's Support Group Supper

Main dish and drinks are provided  
Please bring a side dish to share

2nd Tuesday of Every Month

6:00 p.m.

Yadkin County Senior Center  
207 East Hemlock Street  
Yadkinville, NC 27055  
(336) 679-3596

4th Tuesday of Every Month

5:30 - 7:00 PM

East Bend Senior Center  
473 E. Main Street  
East Bend, NC 27018  
(336) 699-5100



Sponsored by

# November 2015

Mon	Tue	Wed	Thu	Fri
<p>2 10 Journal Now 11 Visitation 12 Crocheting 5 Variety Dance</p>	<p>3 CLOSED FOR VOTING</p>	<p>4 10 Journal Now 11 Dots Musical Piano 12:30 quarter BINGO 1 Senior Bowling @ Mt Airy Lanes</p>	<p>5 10 Journal Now 10 Adult Coloring 11 BINGO 5:45 ZUMBA \$ 4 7 Line Dance Adv\$4</p>	<p>6 9 East Blenders 10 Journal Now 11 Judy and Roy 🎵 7 Rook</p>
<p>9 10 Journal Now 11 Mt. Valley Hospice Ed. Program w/Amy 12 Crocheting 4 Clogging \$20 per mth. 5 Variety Dance \$4</p>	<p>10 9:30 Couples Dance \$4 10 Journal Now 11 Deputy Diaz (Scams) 12 Painting Club 12:30 Art Class 6:30 Quilters Quild 7 Sassy Seniors</p>	<p>11 CLOSED Veteran's Day</p>	<p>12 10 Journal Now 10 Adult Coloring 11 Nutritional Bingo 1 Home Extension Club 5:45 ZUMBA \$ 4 7 Ruritans 7 Line Dance Adv\$4</p>	<p>13 9 East Blenders 9:30 Operation Home Front w/Mt Valley hospice 10 Journal Now 11 Move and Groove 7 Rook</p>
<p>16 10 Journal Now 11 George Henning Band 11 Birthday Party 12 Crocheting 5 Variety Dance \$4</p>	<p>17 9:30 Couples Dance \$4 10 Journal No 11 Smoky Mtn. Behavioral 12:30 Movie @ EBPL "November Christmas" Health Ed. Program 6 Stan Bobbitt Dance 7 Sassy Seniors</p>	<p>18 10 Journal Now 11 Blood Pressure Checks 12:30 .25 cent Bingo 1 Sr. Bowling Mt Airy \$1.50 per game</p>	<p>19 10 Journal Now 10 Adult Coloring 11 Bingo 5:45 ZUMBA \$ 4 7:30 Line Dance Adv\$4</p>	<p>20 9 East Blenders 10 Journal Now 11 Betty &amp; Janet 🎵 7 Rook</p>
<p>23 10 Journal Now 11 Financial Planning 11 Birthday party 12 Crocheting 5 Variety Dance \$4</p>	<p>24 9:30 Couples Dance \$4 10 Journal Now 11 East Bend Library 12 Painting Club 5:30 Widow/Widowers Support group 7 Sassy Seniors</p>	<p>25 10 Journal Now 11 Sassy Seniors Dance 12:30 .25 cent Bingo 1 Sr. Bowling Mt Airy \$1.50 per game</p>	<p>26 CLOSED</p> <p style="text-align: center;"></p>	<p>27 CLOSED</p>
<p>30 10 Journal Now 11 likes and dislikes 12 Crocheting 5 Variety Dance \$4</p>				<p>East Blenders Join us for breakfast every Friday at 9:00 AM...</p> <p>Pre-order your biscuit on Thursday Tenderloin or Ham is \$2.70 Sausage or Bacon is \$2.15</p>



**Mission Statement:** To improve or maintain independent wellness for the older adult through advocacy and vigorous programming.

