



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

AUGUST 2017

## What's Happening...



Hello Everyone,



I have had a great month of being the Senior Center Manager. A BIG Thank You to all the seniors who have encouraged me, prayed for me and help me along on this new journey.

Looking ahead, we are planning another **Pigeon Forge trip** for November 28 - 30, 2017. Please call me if your interested in going on this great trip. We are also working on a **Senior Beach Night**; look for more information in the near future. As always, I am open to any suggestions and ideas to make our seniors happy.

I look forward to our new adventures together.

If you are 60 or older we would love to have you come and join us at the Yadkin County Senior Center.

*Lori Moore*

## In Memory...

Janice Moxley lost her long battle with cancer on July 10th. I had the privilege of meeting her a few times before she passed and I know she will be greatly missed by all who knew her. Janice was the person who introduced the Pegs & Jokers game to our seniors. I have heard the stories of her being to weak to come to the Center to play, so they just took the game to her house. They all love, and look out for one another. Truly a special group of players. RIP Janice. Please continue to keep her family in your thoughts and prayers.

Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10 Call for an appointment. 1st and 3rd Thursday.

## Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation



## How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**  
We encourage you to **SUPPORT THE Yadkin County United Fund**

By Mail:  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055  
Or visit  
[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# AUGUST 2017

Mon	Tue	Wed	Thu	Fri
<p><b>Lunch is served daily at 11:30 a.m. for ages 60 &amp; older.</b></p> <p><b>You must be registered. Contact the Nutrition Site Manager for more details.</b></p>	<p>1</p> <p>10 Quilting 11 Fellowship &amp; Coffee 11:30 Lunch 12 Knitting @ YCL</p>	<p>2</p> <p>9 Walking to Music 10 Coffee Chat <b>11 Jokers Tales</b> 11:30 Lunch 12 Stretch w/Natalie 5 Weight Watchers</p>	<p>3</p> <p>9 Local Yokel 10 Senior Chorus 11 Brain Power 11:30 Lunch 1 Pegs &amp; Jokers</p> <p><b>6 Yadkin Deaf Bible Study</b> 6 Rook</p>	<p>4</p> <p>9 Walking to Music 10:30 Snack Bingo 11 Fire Meeting 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>7</p> <p>10 Journal Now 10:30 Nutrition Bingo 11 Young At Heart 11:30 Lunch 12 Stretch w/ Natalie 1 Rook for beginners <b>5 Yadkin County Bee Association</b></p>	<p>8</p> <p>10 Quilting 11 Fellowship &amp; Coffee 11:30 Lunch 12 Knitting @ YCL</p> <p><b>5 GENTRY'S Support Supper</b></p>	<p>9</p> <p>9 Walking to Music 10 Coffee Chat 11 Hannah Campbell Domestic Violence 11:30 Lunch 12 Stretch w/Natalie 5 Weight Watchers</p>	<p>10</p> <p>9 Local Yokel <b>10:45 Deputy Diaz</b> 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>11</p> <p>9 Walking to Music 10:30 Snack Bingo <b>11 Q &amp; A Time</b> 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>14</p> <p>10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners</p>	<p>15</p> <p>10 Quilting <b>10 Band</b> <b>11 Birthday Party</b> 11:30 Lunch 12 Knitting @ YCL 6 Lion's Club</p>	<p>16</p> <p>9 Walking to Music 10 Coffee Chat 11 Brain Games 11:30 Lunch 12 Stretch w/Natalie 5 Weight Watchers</p>	<p>17</p> <p>9 Local Yokel <b>11 Coffee Talk</b> 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>18</p> <p>9 Walking to Music <b>10 Blood Pressure Checks</b> 10:30 Snack Bingo <b>11 Touched By Angels</b> 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>21</p> <p>10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners 6 Zumba \$4</p>	<p>22</p> <p>10 Quilting 11 Brain Games 11:30 Lunch 12 Knitting @ YCL <b>5 Senior Supper</b></p>	<p>23</p> <p>9 Walking to Music 10 Coffee Chat 11 Jokers Tales 11:30 Lunch 12 Stretch w/Natalie 5 Weight Watchers</p>	<p>24</p> <p>9 Local Yokel 11 Share a Joke 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	<p>25</p> <p>9 Walking to Music 10:30 Snack Bingo 11 Brain Games 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>28</p> <p>10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners 6 Zumba \$4</p>	<p>29</p> <p>10 Quilting 11 Fellowship &amp; Coffee 11:30 Lunch 12 Knitting @ YCL</p>	<p>30</p> <p>9 Walking to Music 10 Coffee Chat 11 Scramble Time 11:30 Lunch Stretch w/Natalie 5 Weight Watchers</p>	<p>31</p> <p>9 Local Yokel <b>11 Word Search</b> 11:30 Lunch 1 Pegs &amp; Jokers 6 Rook</p>	 <p><b>YVEDDI</b> YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.</p> 

**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."