



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

December 2017

What's Happening...

December 1st - Christmas Tree Lighting in Yadkinville 6:00pm

December 2nd - Christmas Parade in Yadkinville starts at 10:00am



Merry Christmas

December 7th 5 - 7 PM Holly Jolly Christmas Party

\$10 per person. Music and Comedian Entertainment. Food, Fun and more Fun. Limited seating. Sponsored by: 

Event Location: Yadkin County Agricultural & Educational Building
2051 Agricultural Way ▪ Yadkinville, NC 27055

December 14th - Day Trip

We will be taking a day trip to The Southern Supreme Fruitcake & More in Bear Creek, North Carolina

No charge for congregate members / \$10.00 dollar charge for non-congregate members

Food and shopping on your own

Departure will be no later than 8:00am so you need to be at the YCSC by 7:45am. Call to register, or come by YCSC. (336) 679-3596

Holiday/Closing Schedule

December 25 –29, 2017: Christmas Holiday

January 1, 2018: New Years Day

January 15, 2018: Martin Luther King Jr. Day

INCLEMENT WEATHER POLICY

The Senior Center follows the same inclement weather closings as the Yadkin County School System.

Is it difficult to trim your nails?

Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment. 1st and 3rd Thursday.

Please join us at the Yadkinville Senior Center for fun and fellowship.

Merry Christmas!

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE
Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



DECEMBER 2017

Mon

Tue

Wed

Thu

Fri

<p><i>Lunch is served daily at 11:30 a.m. for ages 60 & older.</i></p> <p><i>You must be registered. Contact the Nutrition Site Manager for more details.</i></p>	 <p>YVEDDI YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC.</p>	 <p>Yadkin County United Fund</p>		<p>1 9 Journal Now 9 Walking to Music 10 Coffee Chat 11 Healthy Bingo 11:30 Lunch</p>
<p>4 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba</p>	<p>5 9 Journal Now 9 Walking to Music 10 Fellowship & Coffee 11 Brain Games 11:30 Lunch 6 Lions Club</p>	<p>6 9 Journal Now 9-11 Matter of Balance 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers</p>	<p>7 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p> <p>Holly Jolly Christmas Party</p>	<p>8 9 Journal Now 9 Walking to Music 10 Coffee Talk 11 Mountain Valley Hospice with Allison Brown 11:30 Lunch</p>
<p>11 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba</p>	<p>12 9 Journal Now 9 Walking to Music 10 Quilting 11 Young at Heart Meeting 11:30 Lunch 5 Gentrys Supper & Senior Supper Combined</p>	<p>13 9 Journal Now 9-11 Matter of Balance 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers</p>	<p>14 Day Trip 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11 Dept. Diaz Crime Prevention 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>15 9 Journal Now 9 Walking to Music 10 Coffee Chat 11 Nutritional Bingo 11:30 Lunch</p>
<p>18 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>19 9 Journal Now 9 Walking to Music 10 Quilting 10 Fellowship & Coffee 11 Band & Birthday Party 11:30 Lunch 6 Lions Club</p>	<p>20 9 Journal Now 9-11 Matter of Balance 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers</p>	<p>21 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>22 9 Journal Now 9 Walking to Music 10-11 Nutrition Site Christmas Party 11:30 Lunch</p>
<p>25 CLOSED Christmas Holiday</p>	<p>26 CLOSED Christmas Holiday</p>	<p>27 CLOSED Christmas Holiday</p>	<p>28 CLOSED</p>	<p>29 CLOSED</p>



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."