



# YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

JUNE 2017

## Important Announcements:

### REMINDER

2~2~20 Aquatic Class is at Hugh Chatham Aquatic Center.  
You get 2 months, 2 days per week for just \$20.

This is a great opportunity!!!

### DANCE DANCE DANCE

June 29, 6PM-8PM.

Live Music with Stan Bobbitt

\$5 per person

Refreshments

**NEW:** Yadkin Valley Senior Center will have a new Ipad for senior use (inside center only). Play games, enjoy social media, YouTube, or learn to connect with friends and family.

Must see Rhonda or Nadalee for use.



### How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE  
Yadkin County United Fund

By Mail:

Yadkin County United Fund

205 S. Jackson Street

Yadkinville, NC 27055



Or visit [www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)

OPTICAL ILLUSION What do  
you see, a vase or 2 faces



### Information and Referral

Fitness Health Promotion

Senior Games

Family Support Groups

Transportation Medical/General

Caregivers Classes

Energy Assistance

Home Repair/ Modification

Medicaid/Medicare Benefits

Job Training Placement

Telephone Reassurance

Disaster Services

Long-term Care Facilities

Rehabilitation Services

Durable Medical Equipment Asst. Device

Health Screenings

Food Distribution

Tax Preparation Counseling

Legal Services

Respite Housing

Adult Day Care/Day Health

Reverse Mortgage Counseling

Home Health Services

In-home Aide Services

Hospice Care

Social Security Benefits

Community Mental Health

Congregate/Home Delivered Meals

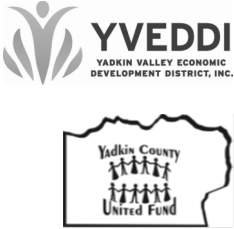
Insurance Counseling

Report Suspected Abuse, Neglect or Exploitation



Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice. There you will find the latest newsletter, you can also like us on FACEBOOK.

# JUNE 2017

Mon	Tue	Wed	Thu	Fri
	<p>Lunch is served daily at 11:30 for ages 60 &amp; older. You must be registered. Contact the Nutrition Site Manager for more information.</p>	<p><b>NOTE:</b> <b>PICKLEBALL POSTPONED UNTIL JULY.</b></p>	<p>1 9 Sewing 11 Likes and Dislikes</p>	<p>2 9 Caregivers class 10 Coffee Chat 11 Fun Day Friday 11 Trivia w/ Alice 1:30 Aquatic Class</p>
<p>5 10 Line Dancing 11 Exercise with Natalie 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>6 10:30 Linda's Exercise 11 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2</p>	<p>7 10 Bingo 11 Exercise w/YVHH 12:30 Prayer Shawls</p>	<p>8 9 Sewing 11 Show and Tell 7:30 YV Trail Riders</p>	<p>9 10 Coffee Chat 11 Fun Day Friday 1:30 Aquatic Class</p>
<p>12 10 Line Dancing 11 Exercise with Natalie 11 Quilting 1:30 Aquatic Class 5:00 Clogging</p>	<p>13 10:30 Linda's Exercise 11 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2</p>	<p>14 10 Bingo 11 Exercise w/YVHH 12:30 Prayer Shawls</p>	<p>15 9 Sewing 11 Deputy Diaz</p>	<p>16 10 Coffee Chat 11 Fun Day Friday 1:30 Aquatic Class</p>
<p>19 10 Line Dancing 11 Quilting 11 Exercise with Natalie 1:30 Aquatic Class 5:00 Clogging</p>	<p>20 10:30 Linda's Exercise 11 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2</p>	<p>21 10 Bingo 11 Exercise w/YVHH 12:30 Prayer Shawl</p>	<p>22 9 Sewing 11 Georges Band 11 Birthday Celebration</p>	<p>23 10 Coffee Chat 11 Fund Day Friday 1:30 Aquatic Class</p>
<p>26 10 Line Dancing 11 Quilting 11 Exercise with Natalie 1:30 Aquatic Class 5:00 Clogging</p>	<p>27 10:30 Linda's Exercise 11 Nutrition Bingo 5:00 Weight Watchers 6:30 Beginner Shag 1 7:45 Shag 2</p>	<p>28 10 Bingo 11 Exercise w/YVHH 12:30 Prayer Shawl</p>	<p>29 9 Sewing 11 Old Photo Day  6 DANCE Stan Bobbitt Band \$5</p>	<p>30 10 Coffee Chat 11 Fund Day Friday 1:30 Aquatic Class</p>

**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."