

YADKIN VALLEY SENIOR COMMUNITY CENTER NEWS



A North Carolina Senior Center of Excellence

June 2016

Important Announcements:



June Art Class - Bean Mosaic
3rd Tuesday 12:30 - 2:30 pm

Spaces are limited.

Please call your Senior Center to register.

Sponsored by the Yadkin Arts Council

Tuesday, June 7th, No Center activities or Nutrition Program due to the center being used as a voting precinct.

Tuesday, June 7th, Day Trip to Shatley Springs.

Thursday, June 9th, Senior Games Closing Ceremony.

Art work on display beginning @ 1:00. Silver Follies show to begin @ 3:00. Closing ceremonies at 6:00.

Wednesday, June 15th at 12:30 pm

Prayer Shawl Ministry Dedication



Weight Watchers meets at the Yadkin Valley Senior Center each Tuesday at 5:00 pm.

First day of summer - June 20

Summer solstice is when the sun reaches its highest peak in the sky.



June 24th Day Trip - Golden Pond Play (Mt. Airy)

Leave Yadkinville Senior Center at 8:30 a.m. Shopping at Mayberry Mall, lunch at Libby Hill Seafood (on your own) and play to begin at 2:00 p.m. at Jones Family Resource Center. Call for more details!!!

Cost: \$10.00 Includes sausage biscuit, bottled water, transportation and play. RSVP by 6/17



Father's Day - June 19th

The 1st Father's Day celebration was in 1910 in Spokane, WA.

Information and Referral

Fitness Health Promotion
Senior Games
Family Support Groups
Transportation Medical/General
Caregivers Classes
Energy Assistance
Home Repair/ Modification
Medicaid/Medicare Benefits
Job Training Placement
Telephone Reassurance
Disaster Services
Long-term Care Facilities
Rehabilitation Services
Durable Medical Equipment Asst. Device
Health Screenings
Food Distribution
Tax Preparation Counseling
Legal Services
Respite Housing
Adult Day Care/Day Health
Reverse Mortgage Counseling
Home Health Services
In-home Aide Services
Hospice Care
Social Security Benefits
Community Mental Health
Congregate/Home Delivered Meals
Insurance Counseling
Report Suspected Abuse, Neglect or Exploitation



Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice There you will find the latest newsletters. You can also like YVEDDI on FACEBOOK.

June 2016

Mon	Tue	Wed	Thu	Fri
		1 10 Pickleball 10 Bingo 11 Exercise w/YVHH 12:30 Prayer Shawl Ministry	2 9 Sewing 9:30 Scrapbooking 10 Bingo 11 B/P Check 1 Book Club @ Parkwood 7:30 Yadkin Valley Trail	3 10 Tribune News 11 Trivia w/ Alice 1:30 Aquatic Class 6:00 Art Party w/ Jan
6 10 Line Dancing 11 Quilting 11 Better Choices 1:30 Aquatic Class 5:00 Clogging	7 Center and Nutrition Site Closed for voting SHATLEY SPRINGS TRIP 5:00 Weight Watchers	8 10 Pickleball 10 Bingo 12:30 Prayer Shawl Ministry	9 9 Sewing 10 Bingo 2 Cards	10 10 Tribune News 11 B/P Check 1:30 Aquatic Class
13 10 Line Dancing 11 Quilting 11 Better Choices 1:30 Aquatic Class 5:00 Clogging	14 10:30 Exercise 11 Mountain Valley Hospice 2:30-4:30 Weaving 5 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2	15 10 Bingo 10 Pickleball 11 John Brice w/ Comprehensive Cancer Center 12:30 Prayer Shawl Dedication	16 9 Sewing 10 Bingo 11 Det. Sharon Diaz 2 Cards 5:30 Jonesville Historical Society Meeting	17 10 Tribune News 11 B/P Check 1:30 Aquatic Class
20 10 Line Dancing 11 Quilting 11 Better Choices 1:30 Aquatic Class 5:00 Clogging	21 10:30 Exercise 11 Birthday Celebration 12:30 Art Class 2:30-4:30 Weaving 5 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2	22 10 Bingo 10 Pickleball 11 Exercise w/YVHH 12:30 Prayer Shawl Ministry	23 9 Sewing 10 Bingo 11 Friends of Bill Band 2 Cards	24 10 Tribune News 11 B/P Check 1:30 Aquatic Class
27 10 Line Dancing 11 Quilting 11 Better Choices 1:30 Aquatic Class 5:00 Clogging	28 10:30 Exercise 11 Josh Vogler-Fall Prevention 2:30-4:30 Weaving 5 Weight Watchers 6:30 Beginner Shag 1 7:45 Beginner Shag 2	29 10 Pickleball 10 Bingo 11 B/P Check 12:30 Prayer Shawl Ministry	30 9 Sewing 10 Bingo 11 Elk Pharmacy, Pharmacist Susan Baker 2 Cards	Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information.

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."