



A North Carolina Certified Senior Center of Excellence

October 2017

Important Announcements:

October 3rd Dixie Classic Fair! Call or stop by to register.

October 11th Flu Shots by D-Rex Pharmacy (please bring your insurance cards)

Oct. 13th Information Fair from 1pm to 4pm at the YVEDDI Office in Booneville. This fair will offer flu shots (please bring your insurance card), free hearing screenings and blood pressure checks, information on Medicare and Part D, Veterans Affairs, Senior Services - SNAP, Weatherization Program, Meals on Wheels, Legal Services, and Transportation Services. Hope you can join us!

October 23rd Halloween Party from 5pm to 7pm! Bring your favorite freakishly yummy snack to share and be ready for some FUN! Costumes if you dare.

The following classes are currently being offered at YVSC:

Mondays at 10:00 am Line Dancing - \$2 per class

Mondays at 11:00 am Quilting - Free

Mondays at 6:00 pm Clogging - \$20 per month

Tuesdays at 10:30 am Exercise - Free

Tuesdays at 6:30 pm Beginners Shag 1- \$5 per class

Tuesdays at 7:45 pm Shag 2 - \$5 per class

Wednesdays at 12:30pm Prayer Shawl (knit/crochet) - Free

Thursdays at 9:00am Sewing - \$5 for a 3 hour lesson

First Thursday of month 9:30am-3:00pm Scrapbooking - \$5 a class

Please call 336-526-1087 for more information!

Information and Referral

Fitness Health Promotion

Senior Games

Family Support Groups

Transportation Medical/General

Caregivers Classes

Energy Assistance

Home Repair/ Modification

Medicaid/Medicare Benefits

Job Training Placement

Telephone Reassurance

Disaster Services

Long-term Care Facilities

Rehabilitation Services

Durable Medical Equipment Asst. Device

Health Screenings

Food Distribution

Tax Preparation Counseling

Legal Services

Respite Housing

Adult Day Care/Day Health

Reverse Mortgage Counseling

Home Heath Services

In-home Aide Services

Hospice Care

Social Security Benefits

Community Mental Health

Congregate/Home Delivered Meals

Insurance Counseling

Report Suspected Abuse, Neglect or Exploitation



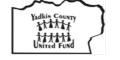
If you would like to receive our newsletter via email please contact me at sjohnson@yveddi.com.

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!
We encourage you to SUPPORT THE Yadkin County United Fund

By Mail: Yadkin County United Fund 205 S. Jackson Street • Yadkinville, NC 27055

Or visit www.yadkincountyunitedfund.org



Our Newsletter can be found on the YVEDDI website. Click on the senior center tab then arrow down to senior center of your choice. There you will find the latest newsletter, you can also like us on FACEBOOK.

OCTOBER 2017

| Mon | Tue | Wed | Thu | Fri |
|---|--|--|--|--|
| 2 | 3 | 4 | 5 | 6 |
| 10:00 Line Dancing \$ 11:00 Show and Tell 11:00 Quilting 6:00 Clogging \$ | 8:30 Dixie Classic Fair 9:00 Hearing Screenings 10:30 Linda's Exercise 10:30 Nutrition BINGO 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$ | 10:30 Bingo 12:30 Prayer Shawls | 9:00 Sewing \$ 9:30 Scrapbooking \$ 11:00 Puzzle Day | 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday |
| 9 10:00 Line Dancing \$ 10:30 Cigna Health Spring Insurance 11:00 Show and Tell 11:00 Quilting 6:00 Clogging \$ | 10 10:30 Linda's Exercise 10:30 Hospice Presentation 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$ | 9:30 Flu Shots D-Rex 10:30 Bingo 12:30 Prayer Shawls | 12 9:00 Sewing \$ 11:00 Puzzle Day 7:30 YV Trail Riders | 13 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday 1:00 Health Fair YVEDDI Booneville Office |
| 16 10:00 Line Dancing \$ 11:00 Show and Tell 11:00 Quilting 6:00 Clogging \$ | 17 10:00 Vaya Health 10:30 Linda's Exercise 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$ | 18 10:30 Bingo 12:30 Prayer Shawls | 19 9:00 Sewing \$ 10:00 Signa Bingo 11:00 Puzzle Day | 20 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday |
| 23 10:00 Line Dancing \$ 11:00 Quilting 11:00 Show and Tell 5-7 Halloween Party 6:00 Clogging \$ | 24 10:30 Linda's Exercise 10:30 Nutritional BINGO 11:00 Deputy Diaz 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$ | 25 10:30 Bingo 12:30 Prayer Shawl | 26 9:00 Sewing \$ 10:00 Birthday Band! | 27 9:30 -11:30 Pickleball 10:00 Coffee Chat 11:00 Game Day Friday |
| 30 10:00 Line Dancing \$ 11:00 Quilting 11:00 Show and Tell 6:00 Clogging \$ | 31 10:30 Linda's Exercise 10:30 Nutrition BINGO 10:00 Vaya Health 5:00 Weight Watchers 6:30 Beginner Shag 1 \$ 7:45 Shag 2 \$ | Lunch is served daily at 11:30 for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information. | YVEDDI YADKIN VALLEY ECONOMIC DEVELOPMENT DISTRICT, INC. | Yadkin County The Article The Article United Fund |

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."