



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

JULY 2017

What's Happening...



I would like to take the opportunity of introducing myself as the new Yadkin County Senior Center Manager.

I look forward to this new adventure with all of you. Many of you already know me from the Nutrition Site, and I hope to meet everyone who participates in activities at the center.

My goals are to improve or maintain independent wellness and to enhance the quality of life for all participants to the best of my ability, in an honest and proficient way.

Please call or visit the center anytime and share your suggestions to help us make this the best place to work, play and volunteer. I hope to see or hear from you soon.

Lori Moore

The Senior Supper and Gentry's Support Dinner will resume this month (see calendar for dates and time)

Don't forget the 4th of July Parade in Yadkinville.

The parade will begin at 5pm

Bring a chair, and a friend.

Entertainment provided by Rain Jacket 5:30 p.m. to 7:30 p.m.

Fireworks to follow.

Have a Happy and Safe Holiday!

Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10 Call for an appointment. 1st and 3rd Thursday.



Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE
Yadkin County United Fund



By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



JULY 2017

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/ Natalie 1 Rook for beginners</p> <p>6 Zumba \$4</p>	<p>4</p> <p>CLOSED</p>	<p>5</p> <p>9 Walking to Music 10 Coffee Chat 11 Officer Jason Pennely 11:30 Lunch 12 Stretch w/Natalie</p>	<p>6</p> <p>9 Local Yokel 10 Senior Chorus 11 Brain Power 11:30 Lunch 1 Pegs & Jokers</p> <p>6 Yadkin Deaf Bible Study 6 Rook</p>	<p>7</p> <p>9 Walking to Music 10:30 Snack Bingo 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>10</p> <p>10 Journal Now 10:30 Nutrition Bingo 11 Young At Heart 11:30 Lunch 12 Stretch w/ Natalie 1 Rook for beginners 5 Yadkin County Bee Association</p>	<p>11</p> <p>10 Quilting 11 Fellowship & Coffee 11:30 Lunch 12 Knitting @ YCL</p> <p>5 GENTRY'S Support</p>	<p>12</p> <p>9 Walking to Music 10 Coffee Chat 11 Y V Pharmacy 11:30 Lunch 12 Stretch w/Natalie</p>	<p>13</p> <p>9 Local Yokel 10:45 Deputy Diaz 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>14</p> <p>9 Walking to Music 10:30 Snack Bingo 11 M.T. Valley Hospice 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>17</p> <p>10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners</p>	<p>18</p> <p>10 Quilting 10 Band 11 Birthday Party 11:30 Lunch 12 Knitting @ YCL</p> <p>6 Lion's Club</p>	<p>19</p> <p>9 Walking to Music 10 Coffee Chat 11 Chalk Artist 11:30 Lunch 12 Stretch w/Natalie</p>	<p>20</p> <p>9 Local Yokel 11 Coffee Talk 11:30 Lunch 1 Pegs & Jokers</p> <p>6 Rook</p>	<p>21</p> <p>9 Walking to Music 10 Blood Pressure Checks 10:30 Snack Bingo 11 Touched By Angels 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>24</p> <p>10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners</p> <p>6 Zumba \$4</p>	<p>25</p> <p>10 Quilting 11 Brain Games 11:30 Lunch 12 Knitting @ YCL</p> <p>6 Senior Supper</p>	<p>26</p> <p>9 Walking to Music 10 Coffee Chat 11:30 Lunch 12 Stretch w/Natalie</p> <p>5 Weight Watchers</p>	<p>27</p> <p>9 Local Yokel 11 Share a Joke 11:30 Lunch 1 Pegs & Jokers</p> <p>6 Rook</p>	<p>28</p> <p>9 Walking to Music 10:30 Snack Bingo 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>31</p> <p>10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners</p> <p>6 Zumba \$4</p>		<p>Lunch is served daily at 11:30 a.m. for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more details.</p>		

Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."