



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



*A North Carolina Certified Senior Center of Excellence*

**JUNE 2017**

What's Happening...

## *Yadkin Valley Senior Games*

**Thursday, May 8th @ 1:00 p.m.** Senior Games Visual Arts, Silver Follies @ 3:00 p.m. and Closing Ceremonies @ 5:00 p.m. It all happens at the Yadkin Cultural Arts Center in Yadkinville!

**Thursday, June 15th** - Let's celebrate Dad's in our Father's Day Celebration with snacks and stories!

### Happy Fathers Day



I want to THANK everyone for the memories, experiences and all of the wonderful friends that I have gained during my tenure at the Yadkin County Senior Center.

My time at the center has offered me amazing and invaluable opportunities that I appreciate more than words can say. I appreciate your support, your guidance, your encouragement and most of all...your hugs and love...you will forever be in my heart.

I will miss you all, but remember I'll always be just one phone call away. I am looking forward to a new challenge and starting the next phase of my career at the Iredell County Senior Center, located in Statesville beginning in August!!!

It's been my pleasure to be with you...keep rocking, keep the faith and ALWAYS keep having fun!!! I'll see ya on the flip side.

Always and Forever...me



Is it difficult to trim your nails? Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10 Call for an appointment. 1st and 3rd Thursday.



### Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

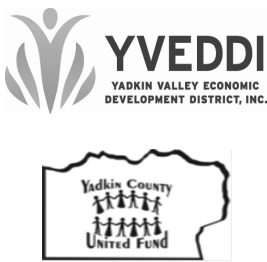
By Mail:  
Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055

Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# JUNE 2017

Mon	Tue	Wed	Thu	Fri
	<p><i>Lunch is served daily at 11:30 a.m. for ages 60 &amp; older. You must be registered. Contact the Nutrition Site Manager for more details.</i></p>		<p>1 9 Local Yokel 10 Senior Chorus 11 Brain Power 11:30 Lunch 1 Pegs &amp; Jokers</p> <p><b>6 Yadkin Deaf Bible Study</b> 6 Rook</p>	<p>2 9 Walking to Music 10:30 Snack Bingo 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>5 10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/ Natalie 1 Rook for beginners</p> <p>6 Zumba \$4</p>	<p>6 10 Quilting <b>11 Young @ Heart Meal Discussion</b> 11:30 Lunch 12 Knitting @ YCL</p> <p>6 Lion's Club</p>	<p>7 9 Walking to Music 10 Coffee Chat 11:30 Lunch 12 Stretch w/Natalie</p> <p>5 Weight Watchers</p>	<p>8 9 Local Yokel <b>10:45 Crime Prevention w/Dept. Diaz</b> 11:30 Lunch 1 Pegs &amp; Jokers <b>3 CLOSING CEREMONIES</b> <b>Yadkin Valley Senior Games</b> 6 Rook</p>	<p>9 9 Walking to Music 10:30 Snack Bingo <b>11 Mountain Valley Hospice w/Allison Brown—Elder Abuse</b> 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>12 10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners</p> <p><b>5 Yadkin County Bee Association</b></p>	<p>13 10 Quilting <b>11 Name the Presidents</b> 11:30 Lunch 12 Knitting @ YCL</p> <p><b>5 GENTRY'S Support Dinner (Cancelled)</b></p>	<p>14 9 Walking to Music 10 Coffee Chat 11:30 Lunch 12 Stretch w/Natalie</p> <p>5 Weight Watchers</p>	<p>15 9 Local Yokel <b>11 Father's Day Celebration</b> 11:30 Lunch 1 Pegs &amp; Jokers</p> <p>6 Rook</p>	<p>16 9 Walking to Music <b>10 Blood Pressure Checks</b> 10:30 Snack Bingo <b>11 Touched by Angles Home Health Care</b> 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>19 10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners</p> <p>6 Zumba \$4</p>	<p>20 10 Quilting <b>10 Band</b> <b>11 Birthday Party</b> 11:30 Lunch 12 Knitting @ YCL</p> <p>6 Lion's Club</p>	<p>21 9 Walking to Music 10 Coffee Chat 11:30 Lunch 12 Stretch w/Natalie</p> <p>5 Weight Watchers</p>	<p>22 9 Local Yokel 11 Share a Joke 11:30 Lunch 1 Pegs &amp; Jokers</p> <p>6 Rook</p>	<p>23 9 Walking to Music 10:30 Snack Bingo 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>
<p>26 10 Journal Now 10:30 Nutrition Bingo 11:30 Lunch 12 Stretch w/Natalie 1 Rook for beginners</p> <p>6 Zumba \$4</p>	<p>27 10 Quilting 11 Brain Games 11:30 Lunch 12 Knitting @ YCL</p> <p><b>5 NO Senior Supper</b></p>	<p>28 9 Walking to Music 10 Coffee Chat 11:30 Lunch 12 Stretch w/Natalie</p> <p>5 Weight Watchers</p>	<p>29 9 Local Yokel <b>11 Do You Remember?</b> 11:30 Lunch 1 Pegs &amp; Jokers</p> <p>6 Rook</p>	<p><b>30</b> 9 Walking to Music 10:30 Snack Bingo 11:30 Lunch</p> <p>*YMCA PASS* 9-12</p>

**Mission Statement:** "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."