



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

January 2018

What's Happening...

Holiday/Closing Schedule

January 1, 2018: New Year's Day

January 15, 2018: Martin Luther King Jr. Day



Hello Everyone, Happy New Year. We have had a great 2017 and I hope to have an even better 2018.

I would like to thank all of the businesses that donated door prizes for our Holly Jolly Christmas Party; Food Lion of Yadkinville & Jonesville, Bojangles, Oreilles Auto Parts, Yadkinville Hardware, Whispers & Wings, Real Del Monte Mexican Restaurant in Jonesville, Walmart in Elkin, Salon Fusion. We had several donated door prizes from, Dot Wright, Linda Blevins, Sharon Atwood, Sandra Johnson, Natalie Williams, and Rhonda Beavers. I would also like to thank our entertainment, Dennis Shaw and The Stan Bobbitt Band. A very special thank you to Rhonda Beavers, Sandra Johnson, Lisa Money and Jimmy Bowman for all you guys did in my absence. Thank you to the Civitan and Junior Civitan for your help and for the rental of the Education Building for our party.

January will kick off our 60/40 Fundraiser. We will be selling raffle tickets \$2 each or 3 for \$5. 60% of all money will go to the Yadkin County Senior Centers and 40% will go to the winning ticket. Drawing will be held on April 25th.

January 10th - Jeff Peacock, Community Insurance Company

January 17th - Division of Services for the Deaf & Hard Hearing

January 17th - Missy Newman from SECU

January 23rd - Dr. Munn, Optometrist

January 24th - Jamie Bloom, Insight Human Services

INCLEMENT WEATHER POLICY

The Senior Center follows the same inclement weather closings as the Yadkin County School System.

Is it difficult to trim your nails?

Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment. 1st and 3rd Thursday.

Please join us at the Yadkinville Senior Center for fun and fellowship.

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

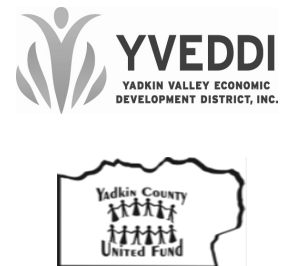
Or visit

www.yadkincountyunitedfund.org



JANUARY 2018

Mon	Tue	Wed	Thu	Fri
1 CLOSED New Year's Day	2 9 Journal Now 9 Walking to Music 10 Fellowship & Coffee 11 Brain Games 11:30 Lunch 6 Lions Club	3 9 Journal Now 10 Walking to Music 11 Fire Safety Yadkin Fire Dept. 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers	4 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook	5 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11:30 Lunch
8 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4	9 9 Journal Now 9 Walking to Music 10 Fellowship & Coffee 11 Young At Heart Meeting 11:30 Lunch 5 Gentry Supper—Senior Supper Combined	10 9 Journal Now 10 Walking to Music 11 Jeff Peacock, Community Insurance Co. 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers	11 9 Journal Now 10 Walking to Music 11 Dept. Diaz Safety First 11:30 Lunch 1 Pegs & Jokers 6 Rook	12 9 Journal Now 9 Walking to Music 10 Coffee Talk 10:30 Healthy Bingo 11 Allison Brown Mountain Valley Hospice 11:30 Lunch
15 CLOSED Martin Luther King, Jr. Day	16 9 Journal Now 9 Walking to Music 10 Quilting 11 Birthday Party & Band 11:30 Lunch 6 Lions Club	17 9 Journal Now 9:30-12:00 Deaf & hard of Hearing 10 Walking to Music 11 Missy Newman, SECU 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers	18 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook	19 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Nutritional Bingo 11:30 Lunch
22 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4	23 9 Journal Now 9 Walking to Music 10 Quilting 10 Fellowship & Coffee 11 Dr. Munn, Optometrist 11:30 Lunch	24 9 Journal Now 10 Walking to Music 10:30 Jamie Bloom, Insight to Human Services 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers	25 9 Journal Now 10 Walking to Music 11 Dot Matthews Sing –A-Long 11:30 Lunch 1 Pegs & Jokers 6 Rook	26 9 Journal Now 9 Walking to Music 10:30 Nutrition Bingo 11:30 Lunch
29 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4	30 9 Journal Now 9 Walking to Music Quilting 10 Fellowship & Coffee 11 Brain Games 11:30 Lunch	31 9 Journal Now 10 Walking to Music 11 Fellowship & Coffee 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers	<p><i>Lunch is served daily at 11:30 a.m. for ages 60 & older.</i></p> <p><i>You must be registered. Contact the Nutrition Site Manager for more details</i></p>	



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."