



EAST BEND SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence February 2018

Important Announcements

Annual Valentine Dance

TUESDAY FEB 13
5:00 PM

Only \$10 per person

Dinner 5:00 PM • Dance 6:00 PM

Entertainment: Stan Bobbitt Band
Dinner includes Lasagna, Salad, and Dessert

DOOR PRIZES
Tickets are limited.

Call your Senior Center today to reserve your seat!!!

East Bend Senior Center
(336) 699-5100

Yadkin County Senior Center
(336) 679-3596

Yadkin Valley Senior Center
(336) 526-1087

Venue: East Bend Senior Center
473 E. Main Street
East Bend, NC 27018

60/40 Fundraiser Raffle



Tickets \$2 each or 3 for \$5. 60% of money will go to the Yadkin County Senior Centers and 40% will go to the winning ticket.

Drawing will be held on April 25th.

Feb 27, 11:00 a.m. Black History Celebration with Story Telling with Susan. A Pot Luck Luncheon will follow at 11:30 a.m. All are welcome.

Senior Games Registration begins March 1 and will be open until March 31. \$10 registration fee includes lunch at each event, goodie bag, and tee shirt. Silver Arts & Follies Show will be June 7th. Opening Ceremonies will be April 27th. Get your registration form at the senior center.

February 13th, 10 a.m. Lunch Time Valentine Party. Bring snacks and valentines to share.

NEW: 2nd Wednesday BINGO Erica Rhodes from CIGNA Health Spring will be supplying bingo gifts and calling bingo Starts at 10:30 a.m. Free for everyone.

Free TAX ASSISTANCE for moderate or low income persons in completing simple federal and state income tax returns. Sponsored by VITA with trained volunteers. Appointments only. Call (336) 699-5100 for your appointment (SATURDAYS ONLY) Walk-ins not accepted.

Don't Forget we have an IPAD availability for in-house use only. See Rhonda Beavers

INCLEMENT WEATHER POLICY

The Senior Center follows the same inclement weather closings as the Yadkin County School System.

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling (SHIIP)
- Report Suspected Abuse, Neglect or Exploitation

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies! We encourage you to SUPPORT THE Yadkin County United Fund

By Mail: Yadkin County United Fund
205 S. Jackson Street • Yadkinville, NC 27055
Or visit www.yadkincountyunitedfund.org



FEBRUARY 2018

Mon	Tue	Wed	Thu	Fri
Lunch is served daily at 11:30 am for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more information.			1 10 Adult Coloring 10 Journal Now 11 Bingo 6 Zumba 2 \$4 7:30 Line Dance Adv \$4	2 10 Journal Now 11 Exercise with Natalie 7 Rook
5 9:30 Couples Dance \$410 10 Journal Now 11 Parkwood Place Edu 12 Crocheting 5:30 Variety Dance \$4	6 10 Journal Now 11 Judy and Roy 12 Painting Club 6 Zumba 1 \$4 60+ \$3 7 Sassy Seniors	7 10 Journal Now 11 Dots Music 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	8 10 Adult Coloring 10 Journal Now 11 Nutrition Bingo 6 Zumba 2 \$4 60+ \$3 7:30 Line Dance Adv \$4	9 10 Journal Now 11 Exercise with Natalie 7 Rook
12 9:30 Couples Dance \$410 10 Journal Now 11 MT Valley Hospice (falls prevention trivia) 12 Crocheting 5:30 Variety Dance \$4	13 Journal Now 11 Deputy Diaz 12 Painting Club 5 Valentine Dance 6 Quilters Guild	14 10 Journal Now 11 Bingo with Erica 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	15 10 Adult Coloring 10 Journal Now 11 Bingo 6 Zumba 2 \$4 60+ \$3 7:30 Line Dance Adv \$4	16 10 Journal Now 11 Exercise with Natalie 7 Rook
19 9:30 Couples Dance \$4 10 Journal Now 11 Georges Band 12 Crocheting 5:30 Variety Dance \$4	20 10 Journal Now 10 Polka Dots Crafts 11 Polka Dots Continued 12 Painting Club 6 Zumba 1 \$4 60+ \$3 7 Sassy Seniors	21 10 Journal Now 11 Sassy Seniors 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game	22 10 Adult Coloring 10 Journal Now 11 Nutrition Bingo 6 Zumba 2 \$4 60+ \$3 7:30 Line Dance Adv \$4	23 10 Journal Now 11 Exercise with Natalie 7 Rook
26 9:30 Couples Dance \$4 10 Journal Now 11 Corn Hole 12 Crocheting 5:30 Variety Dance \$4	27 10 Journal Now 11 Story Telling w/ Susan 11:30 Pot Luck Luncheon 12 Painting Club 7 Sassy Seniors 6 Zumba 1 \$4 60+ \$3	28 10 Journal Now 11 Likes and Dislikes 12:30 Quarter BINGO 1 Sr. Bowling Mt Airy \$1.50 per game		



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."