



YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

February 2018

Annual Valentine Dance

TUESDAY | FEB 13
5:00 PM

Only \$10 per person

Dinner 5:00 PM • Dance 6:00 PM

Entertainment: Stan Bobbitt Band
Dinner includes Lasagna, Salad, and Dessert

DOOR PRIZES

Tickets are limited.

Call your Senior Center today to reserve your seat!!!

East Bend Senior Center
(336) 699-5100

Yadkin County Senior Center
(336) 679-3596

Yadkin Valley Senior Center
(336) 526-1087

Venue: East Bend Senior Center
473 E. Main Street
East Bend, NC 27018

What's Happening...

60/40 Fundraiser Raffle: Tickets \$2 each or 3 for \$5. 60% of money will go to the Yadkin County Senior Centers and 40% will go to the winning ticket. Drawing will be held on April 25th.

February is Black History Month

We will be sharing an inspirational story of one of our historic African Americans once a week in the month of February.

Feb. 6th: Fire Safety Yadkinville Fire Dept.

Feb. 7th: Becky Swaim, Yadkinville Librarian will be here to share a story on Black History month.

Feb. 14th: Valentine Party

Feb. 21st: 9:30 AM-12:30 PM Division of Deaf & Hard of Hearing

Feb. 22nd: Chalk Artist, Gerry Bennett

RAFFLE

Tickets on Sale Now!

\$500 Gift Certificate from Foothills Meat Center. Tickets \$2 each
Drawing: June 28th, 2018

Proceeds benefit the YVEDDI Meals on Wheels Program

Please join us at the Yadkinville Senior Center for fun and fellowship.

Information and Referral

- Fitness Health Promotion
- Senior Games
- Family Support Groups
- Transportation Medical/General
- Caregivers Classes
- Energy Assistance
- Home Repair/ Modification
- Medicaid/Medicare Benefits
- Job Training Placement
- Telephone Reassurance
- Disaster Services
- Long-term Care Facilities
- Rehabilitation Services
- Durable Medical Equipment Asst. Device
- Health Screenings
- Food Distribution
- Tax Preparation Counseling
- Legal Services
- Respite Housing
- Adult Day Care/Day Health
- Reverse Mortgage Counseling
- Home Health Services
- In-home Aide Services
- Hospice Care
- Social Security Benefits
- Community Mental Health
- Congregate/Home Delivered Meals
- Insurance Counseling
- Report Suspected Abuse, Neglect or Exploitation

INCLEMENT WEATHER POLICY

The Senior Center follows the same inclement weather closings as the Yadkin County School System.

Is it difficult to trim your nails?

Make an appointment to have your nails trimmed at the Yadkin County Senior Center for \$10. Call for an appointment. 1st and 3rd Thursday.

How You Can Give...

The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!

We encourage you to SUPPORT THE Yadkin County United Fund

By Mail:
Yadkin County United Fund
205 S. Jackson Street
Yadkinville, NC 27055

Or visit

www.yadkincountyunitedfund.org



FEBRUARY 2018

Mon	Tue	Wed	Thu	Fri
<p><i>Lunch is served daily at 11:30 a.m. for ages 60 & older.</i></p> <p><i>You must be registered. Contact the Nutrition Site Manager for more details</i></p>			<p>1 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>2 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Healthy Bingo 11:30 Lunch</p>
<p>5 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>6 9 Journal Now 9 Walking to Music 10 Fellowship & Coffee 10 Quilting 11 Fire Safety with Jody Doss YFD 11:30 Lunch 5 Lions Club</p>	<p>7 9 Journal Now 10 Walking to Music 11 Librarian, Becky Swaim sharing about Black History Month 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>	<p>8 9 Journal Now 10 Walking to Music 11 Crime prevention with Dept. Diaz 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>9 9 Journal Now 9 Walking to Music 10 Coffee Talk 10:30 Healthy Bingo 11 Allison Brown, Mountain Valley Hospice Topic-Stress Busting 11:30 Lunch</p>
<p>12 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Bee Association</p>	<p>13 9 Journal Now 9 Walking to Music 10 Quilting 11:30 Lunch 5 Valentine Dance East Bend Senior Center 6 Lions Club</p> 	<p>14 9 Journal Now 10 Walking to Music 10:30 to 11:30 Valentine Party 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>	<p>15 9 Journal Now 9 Walking to Music 10-11 Senior Chorus 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>16 9 Journal Now 9 Walking to Music 10 Coffee Chat 10:30 Nutritional Bingo 11:30 Lunch</p>
<p>19 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>20 9 Journal Now 9 Walking to Music 10 Quilting 10 Fellowship & Coffee 11 Birthday Party & Band 11:30 Lunch</p>	<p>21 9 Journal Now 9:30-12:30 Division of Services for the Deaf & Hard of Hearing 10 Walking to Music 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>	<p>22 9 Journal Now 10 Walking to Music 11 Gerry Bennette-Chalk Art 11:30 Lunch 1 Pegs & Jokers 6 Rook</p>	<p>23 9 Journal Now 9 Walking to Music 10:30 Nutrition Bingo 11:30 Lunch</p>
<p>26 9 Journal Now 9 Walking to Music 10:30 Nutrition BINGO 11:30 Lunch 12 Chair Exercises 1 Rook for beginners 6 Zumba \$4</p>	<p>27 9 Journal Now 9 Walking to Music 10 Quilting 10 Fellowship & Coffee 11 Fellowship Time 11:30 Lunch</p>	<p>28 9 Journal Now 10 Walking to Music 11 Insight Human Services with Jamie Bloom 11:30 Lunch 12 Stretch & Flex 5 Weight Watchers \$</p>		



Mission Statement: "To improve or maintain independent wellness for the older adult through advocacy and vigorous programming."