

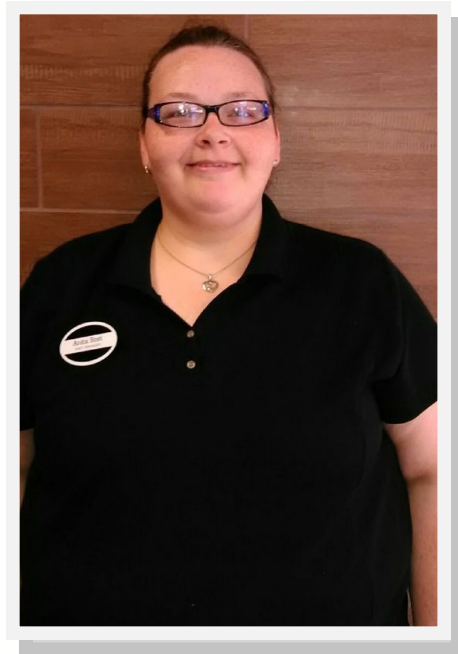
**MARCH  
2018**

**Program Mission**

The YVEDDI Head Start Program will continuously establish and evaluate program practices that will bring about the greatest success for children and families.



## Parent of the Year!



Congratulations, Anita Bost, Boonville Parent, for being YVEDDI Head Start's PARENT OF THE YEAR! We appreciate you!



## YVEDDI Head Start Children Receive Christmas Gifts

*Written by Allison Winters, Head Start Program Support Coordinator/Deputy Director*

- Richard Lasky, YVEDDI Board Member, recently arranged for the Toys for Tots campaign to team up with YVEDDI Head Start to provide toys for 385 Head Start children. The organization contacted Head Start staff asking for age and gender of children and matched gifts specifically for each child. After the toys were delivered to the YVEDDI District Office, they were then sorted and delivered to children in Davie, Surry, Stokes and Yadkin Counties. Head Start staff worked hard to make this a memorable experience for the children. Some centers were even able to locate "Santa" to come and deliver the gifts individually.
- Our Head Start staff wish to offer a sincere thank you to Richard Lasky, Lewis Pleasants of the Marine Corps League and the Toys for Tots organization for providing gifts and helping to make Christmas a time to remember for our children and families. We look forward to working together in the years to come!



**YVEDDI Head Start  
Administrative Office**

116 Baptist Church Road  
Boonville, NC 27011

Ph. (336) 367-4993  
Fax (336) 367-4997

# Teacher of the Year!



Congratulations to Regina Dewitt, Yadkinville Teacher. Regina is our 2017-2018 Teacher of the Year!

## Preparing your child for Kindergarten

The Head Start school year end is fast approaching. It is important to start early with routines to help prepare children for Kindergarten. Here are a few suggestions that you can easily implement to begin the process:

- Set a morning routine getting up at the same time every morning allowing enough time to get ready and eat breakfast before leaving for school.
- Set an evening routine going to bed at the same time every night. Allow some quiet time before bed to unwind. Reading a bedtime story is a great way to settle down before bed.
- Read to your child every night. When children start Kindergarten they will have books to read every night. Start the routine now so it will be easy to continue.
- Set consistent limits on screen time. Children should be limited to short periods on the computer, cell phone or tablet. TV time should also be limited and you should try to seek out educational shows.

I hope you find these tips helpful and easy to implement.

## Connect & Share

Like us on Facebook to keep up-to-date on:

- Activities in the classrooms
- Special Events
- News



# YVEDDI Weatherization Assistance Program

The Department of Environmental Quality has designated funds to assist low-income families and individuals to have adequate heat in their homes and to reduce their utility costs by means of weatherization.

The Heating Appliance Repair/Replacement Program (HARRP) can repair or replace a heating system that is functioning below the manufacturer's standards. Weatherization includes installing insulation, sealing air leaks, and performing measures that will reduce energy usage.

To meet the financial requirements for assistance, the gross house-hold income for the last 12 months cannot exceed 200% of the Federal Poverty Index.

To find out more information, call (336) 367-3535.

## Center Arrival Time

Head Start arrival time is from 8:00 AM – 8:30 A.M. and no child will be accepted after 8:30 A.M. for any reason other than a doctor's appointment. Please bring a doctor's note to ensure proper documentation of absence. If after the doctor's appointment your child cannot arrive by 10:30, you will need to make other arrangements for the day.

If your child has an appointment, you will need to inform the Teacher the day before or by 8:30 the morning of so that lunch can be ordered for your child.



[www.NC211.org](http://www.NC211.org)

Need Help, But Don't Know Where To Turn?  
**DIAL 2-1-1**

Free ▪ Confidential ▪ 24 Hours a Day ▪ Any Language

### Your connection to:

- Basic Needs (food, clothing, shelter)
- Child Care Services
- Consumer Help
- Counseling
- Crisis Intervention
- Health Care
- Housing
- Senior Services
- Support Groups
- Volunteer Opportunities

## Holiday Schedule

March 30th  
Good Friday

May 28th  
Memorial Day



Newsletter Editor:  
Donna Rutledge, Communications  
Specialist



YVEDDI Head Start participating in the Mount Airy Christmas Parade 11-25-17



Quality Preschool Now Enrolling 2018-2019

# YVEDDI Head Start

We offer:

- ✓ School Readiness
- ✓ Health Services
- ✓ Dental Services
- ✓ Free nutritious meals and snacks
- ✓ Individualized family support
- ✓ We serve children with special needs

### INFORMATION NEEDED TO COMPLETE APPLICATION

- Child's Birth Certificate
- Immunization Record
- Verification of income for each parent/caregiver (current W-2/tax forms)
- Child Support Verification (if any)
- Medicaid/Insurance Card
- Documentation of child's disability (if any)
- A physical is required for enrollment

Your child must be 3 or 4 years old on or before August 31st

Call for more information!



Davie County  
(336) 284-2374

Stokes County  
(336) 593-2370  
(336) 983-2344

Surry County  
(336) 786-6155  
Ext 227/230/228

Yadkin County  
(336) 367-7175  
(336) 463-4137

(For qualified families)



## Coping with Autism

Autism belongs to a group of developmental disabilities called autism spectrum disorders. The name "spectrum" stems from the fact that these disorders affect each child differently. These disorders involve delays in the development of many basic skills, including the abilities to socialize or form relationships with others and to communicate effectively. Children with autism may also have intellectual disabilities and behavioral challenges.

### Tips for parenting children with Autism:

#### Learn All You Can About Autism

Because autism symptoms and behaviors often change over time, treatment strategies are tailored to the child's needs and available family resources.

#### Get a Strong Social Network

Parenting a child with any chronic illness is emotional; it affects every part of your being. But the day-to-day care of children with autism is especially stressful because of the lack of essential social interaction and communication between the child and adult. For many reasons, you need to find strong social support for yourself, as well as for your child.

#### Teach Your Family About Autism

Training family members about autism and how to effectively manage the symptoms has been shown to reduce family stress and improve the functioning of the child with autism.

#### Review the Recommended Autism Treatment Options

Child development experts agree that a child with autism should receive treatment as soon after diagnosis as possible. There is no cure for autism, but early intervention using skills training and behavior modification techniques can yield good results.

#### Learn More About Behavioral Training

Both behavioral training and behavioral management use positive reinforcement to improve behavior. These therapies also use social skills training to improve communication. The specific program should be chosen according to the child's needs.

#### Assess Your Child's Need for Medication

While there is no medication for autism, there are drugs for specific symptoms that kids with autism might display. For example, short attention spans can sometimes be improved with stimulant drugs that are used to treat ADD or ADHD. Children with autism who have anxiety, depression, or OCD behaviors can often be treated with antidepressants.

#### Learn More About Diet Changes

Diet changes are based on the idea that food allergies cause symptoms of autism, and an insufficiency of a specific vitamin or mineral may cause some autistic symptoms. If you decide to try a special diet for a given period of time, be sure you talk to your pediatrician and a registered dietitian. The child's nutritional status must be as-

essed and carefully measured.

#### Use Caution With Unproven Therapies for Autism

The safety and effectiveness of some therapies used to treat autism are not known. Many unproven treatments circulate through websites, word of mouth, or the media. Most have not been subjected to thorough, sound research and are considered nonstandard and controversial.

#### Plan Time for Breaks

Many parents of children with autism feel exhausted, overwhelmed, and sometimes defeated. They talk about difficulties in their marriage and other relationships. Schedule regular dates with your partner, other children in the family, and close friends.

This information and more can be found at:

<http://www.webmd.com/brain/autism/parenting-child-with-autism-special-challenges>



**IDEA** - the Individuals with Disabilities Education Act (p. L. 102-119) was passed by Congress and requires that all states and territories provide a public school education to children with disabilities from ages 3 to 21, no matter how severe their disabilities are.

This law promises to children with disabilities a "free appropriate public education" at public expense, that their educational placement is based on an evaluation of each child's own special needs and that an Individualized

Education Program (IEP) is planned for your child and states the services they will receive. If you have a child with disabilities be sure they are receiving the special education they deserve.

If you need further information, please call the Head Start Office at (336) 367-4993 and we'll be glad to help.

# What's Happening



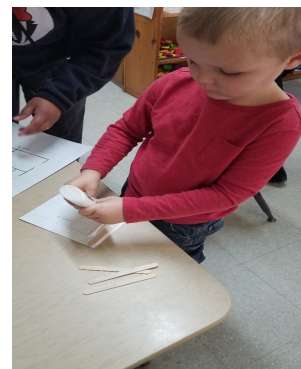
Family Advocate, Lindsey Huttar, is just like one of the kids as she hosts a photo booth during the November 14th 2017 Yadkin County Parent Workshop.



YVEDDI Head Start appreciates the donation of children's books. They have been a big hit with the children as well as their parents!



Children at our Red Hill Creek Center in Dobson are learning how to weave! Great activities are happening in our YVEDDI Head Start classrooms every day!



A parent at Oak Grove Head Start in Elkin volunteered to help the children with a project on learning about buildings- their current unit of study.

As you can see, the children were very involved in creating their own structures. Lots of logical thinking, fine motor and math skills happening here.

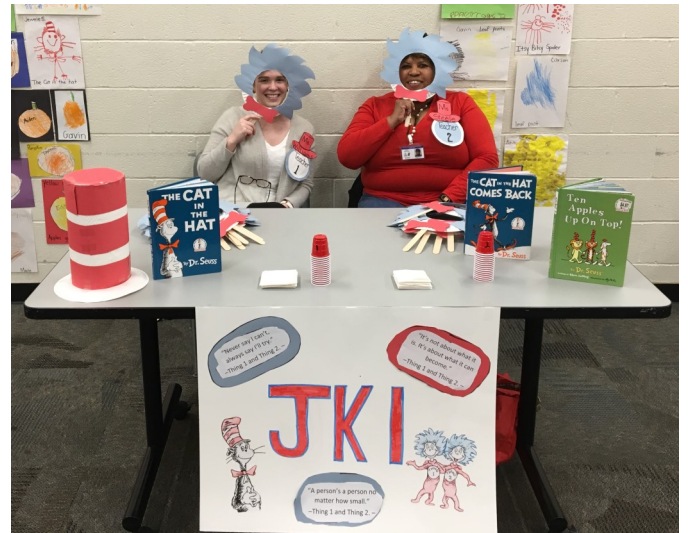


We had a great group of parents to show up for Oak Grove's February parent meeting. We had 11 parents attend and decorate a valentine box with their children. They really enjoyed it.





Teacher, Elvira Sanchez, engages children and parents alike during the November 14th 2017 Yadkin County Parent Workshop.



Teachers Marissa Williams and Felicia Steele representing JK I AND "Cat in the Hat" at the November 13th 2017 Parent Workshop.



Jones FRC Teachers, Misty Singleton and Donna Flippin, praising a child for a job well done at the November 16th Surry County Parent Workshop.



Teachers Belinda Stillwagon and Darlene Nelums representing Mt. Olive Head Start at the November 2nd 2017 Parent Workshop.



Sheriff and Community Partner, Mike Marshall, participated in our Stokes Parent Workshop, making each child their very own ID card!

# Kids Indoor Activities: Obstacle Course

## Indoor Obstacle Course

By Trish Kuffner, author of *The Children's Busy Book*  
As you design your obstacle course, keep in mind the ages, abilities, and number of children involved as well as the space you have. Make the course simple at first and change the stations as they're mastered. If you like, time the kids to see who can complete the course fastest. Below are a few ideas to get you started. Ten stations is a good number for most kids.

### Directions

- Crawl under a row of chairs.
- Crawl under a string stretched between two chair legs.
- Jump into and out of a Hula-Hoop five times.
- Throw a beanbag into a laundry basket.
- Run/Walk while balancing a beanbag on your head.
- Do a ring toss.
- Ride a tricycle along a predetermined route.
- Do a handstand.
- Skip in place while reciting a jump rope rhyme.
- Do ten jumping jacks.

**NCWorks Online** is a one-stop online resource for job seekers and employers in North Carolina.

Job seekers can search for jobs, create resumes, and find education and training.

Visit the website today [www.ncworks.gov](http://www.ncworks.gov) or stop by one of the office locations listed below.

### NCWorks Career Center Locations

Surry and Yadkin County (Monday-Friday)  
541 West Pine Street Suite 300 ▪ Mount Airy, NC 27030  
Ph. (336)786-4169

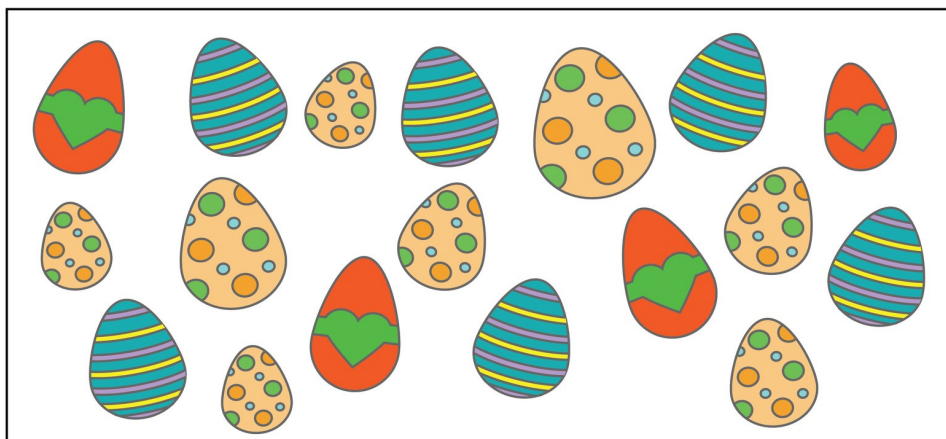
Yadkin County Workforce Center (Tues & Thurs)  
233 East Main Street (Yadkinville Library) Yadkinville, NC 27055  
Ph. (336) 679-8792

Davie County (Wednesday and Thursday)  
371 North Main Street (Mocksville Library) Mocksville, NC 27028  
Ph. (336) 753-6030

Stokes County (Monday-Friday)  
904 North Main Street ▪ Walnut Cove, NC 27052  
Ph. (336) 591-4074

# Kids Zone

## How many..?



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We would like to recognize children that had perfect attendance. Thank you families for realizing that attendance matters!

<p><b>December:</b> <u>Boonville</u> Callie Kacey Sadie</p> <p><u>Danbury</u> Skylar Bentley Hailee</p> <p><u>JRH I</u> Natalie Danielle Hiithan Harvey</p> <p><u>JRH II</u> Ryker Emma Francis</p> <p><u>JK I</u> Mason Carson Bailey</p>	<p><u>JK II</u> Jacob Allen Nehemiah</p> <p><u>Jones 1</u> Ariana Xiya Kendrick Sophia</p> <p><u>Jones 2</u> Gregory Alexander Christopher</p> <p><u>Jones 3</u> Alexis Adalynn Alvin Reese Michael</p> <p><u>Jones 4</u> Mark Annalei Montana Issiac</p>	<p><u>Jones 5</u> Gabriel Dallas Tucker Ava Barbara</p> <p><u>Jones 6</u> Alekszander Mia Kamron Christabel Ryan</p> <p><u>Jonesville</u> Bentley Daisy Zoe Peyton Gabriel Gionni</p> <p><u>London</u> Keyla Mara Mariya Me'ah Rilee</p>	<p><u>Mocksville</u> Christopher Mahogaine</p> <p><u>Mount Olive</u> Savannah Thalan Deanna Starlin Madalyn</p> <p><u>Oak Grove</u> Lesly Christopher</p> <p><u>Paynetown</u> Ashely Ava Owen Rylee Maddalynn Silas Jace Elijah</p>	<p><u>Red Hill Creek</u> Julian Zahir Kyndle</p> <p><u>Sandy Ridge</u> Kyler Elizabeth Leah Nicole</p> <p><u>Surry</u> Brandon Leetta</p> <p><u>Yadkinville</u> Alanis Isaac Estrella</p>
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<p><b>January:</b> <u>Boonville</u> Jesse Kacey Sadie</p> <p><u>Danbury</u> Aiden Cora Lilly Isabella</p> <p><u>JR Hutchens II</u> Ryker Emma</p> <p><u>JK I</u> London Collin</p> <p><u>JK II</u> Austin Allen Christopher</p>	<p><u>Jones 1</u> Sophia</p> <p><u>Jones 2</u> Iris Christopher Brayden</p> <p><u>Jones 3</u> Adalynn Tyler Maddisyn Symiah Alvin</p> <p><u>Jones 4</u> David Annalei Abigail Naomi</p> <p><u>Jones 5</u> Gabriel Tucker Ava Mason</p>	<p><u>Jones 6</u> Alekszander Mia Kamron Samantha Ryan Kayden</p> <p><u>Jonesville</u> Elijah</p> <p><u>London</u> Elias Mariya Me'ah Bianca</p> <p><u>Mocksville</u> Gary Malcolm Rosa Mahogaine Alan Yardley</p>	<p><u>Mount Olive</u> Anna Starlin Madalyn</p> <p><u>Oak Grove</u> Britney Samuel</p> <p><u>Paynetown</u> Alyssa Ashley Owen Caleb Silas Elijah</p> <p><u>Red Hill Creek</u> Carter Kyndle</p> <p><u>Sandy Ridge</u> Erynn Kyler Leah</p>	<p><u>Surry</u> Natalie Allison Leeta Bonnie</p> <p><u>Yadkinville</u> Alanis Isaac Juan Aide Estrella</p> 
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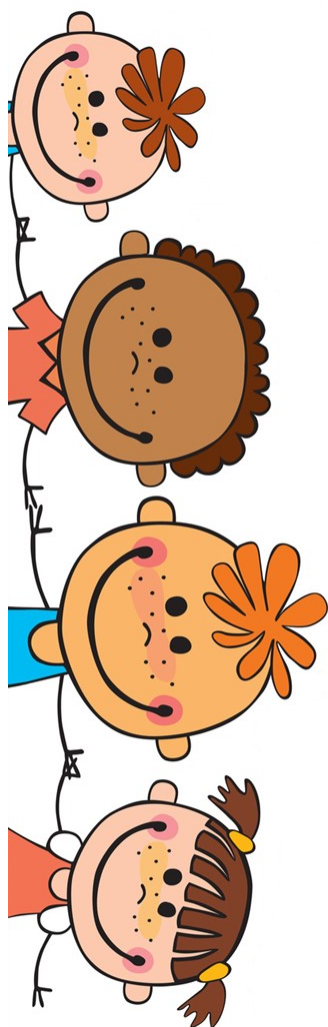
Congrats!

## Do you have a child attending public school in the fall?

If your child will be entering kindergarten in the fall please remember you must contact your local elementary school to schedule a screening. If you are unsure which elementary school your child will attend please contact your Family Advocate or ask your child's Teacher.

School Screenings are usually held in the spring, during the months of March and April. Please contact your local elementary school for the screening date. They will not have the dates until late February or early March.

As we receive screening dates we will pass them along to you.



## Kindergarten Screening/ Registration Dates 2018

### Davie County

School	Screening Dates	Phone
Cooleemee Elementary	April 10th	336-284-2581
Cornatzer Elementary	May 4th	336-940-5097
Mocksville Elementary	May 9 <sup>th</sup>	336-751-2740
Pinebrook Elementary	May 1st	336-998-3868
Shady Grove Elementary	May 18th	336-998-4719
William R. Davie Elementary	April 11 <sup>th</sup> or 12th	336-492-5421

See more at: <http://www.davie.k12.nc.us/district/departments/instructional/preschool/kindergarten-registration/#sthash.zdp3kHKm.dpuf>

### Yadkin County

School	Screening Dates	Phone
Boonville Elementary	March/April (must call school)	336-367-7021
Courtney	March/April (must call school)	336-463-5510
East Bend	March/April (must call school)	336-699-3989
Fall Creek	March/April (must call school)	336-699-8257
Forbush	March/April (must call school)	336-699-8447
Jonesville	March/April (must call school)	336-835-3201
West Yadkin	March/April (must call school)	336-468-2526
Yadkinville	March/April (must call school)	336-679-8921

### Surry County

School	Beginners Day	Phone
Cedar Ridge Elementary	March 6th (must call school)	336-352-4320
Copeland Elementary	March 6th (must call school)	336-374-2572
Dobson Elementary	March 6th (must call school)	3336-86-8913
Flat Rock Elementary	March 6th (must call school)	336-786-2910
Franklin Elementary	March 6th (must call school)	336-786-2459
Mountain Park Elementary	March 6th (must call school)	336-874-3933
Pilot Mountain Elementary	March 6th (must call school)	336-444-8200
Rockford Elementary	March 6th (must call school)	336-374-6300
Shoals Elementary	March 6th (must call school)	336-325-2518
Westfield Elementary	March 6th (must call school)	336-351-2745
White Plains Elementary	March 6th (must call school)	336-320-3434

You must fill out a registration form before a screening date will be given- See more at: [http://www.surry.k12.nc.us/pages/Surry\\_County\\_Schools](http://www.surry.k12.nc.us/pages/Surry_County_Schools)

### Stokes County

School	Registration Dates	Phone
Germanton Elementary	March 20th	336-591-4021
King Elementary	March 12st	336-983-5824
Lawsonville Elementary	March 19th	336-593-8284
London Elementary	March 8th	336-591-7204
Mount Olive Elementary	March 12th	336-983-4351
Nancy Reynolds Elementary	March 15th	336-351-2480
Pine Hall Elementary	March 1st	336-427-3689
Pinnacle Elementary	March 14th	336-368-2990
Poplar Springs Elementary	March 20th	336-985-0234
Sandy Ridge Elementary	March 7th	336-871-2400
Walnut Cove Elementary	March 6th	336-591-4408