



# YADKIN COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

September 2024

## What's Happening...

We have N95 masks available at the center while supplies last!!

**9-3-24 Hamrick's Day Trip**

**9-18-24 Pancake Breakfast Fundraiser 8-11 AM**

### Facebook Live Virtual Events and In-Person Activities

**Mondays at 10:00-11:00 AM** Quarter Bingo (bring your quarters)

**Mondays: 11:00 AM-12:00 PM:** Partner's Health with LaQuisha Martin-Hillian

**Mondays at 10:00 AM:** Cardio Drumming with Smart Board upon request!

**Monday: CAROLINA SHAG is moving to a new location please contact Brian G. for information at 336.970.0034 Thank You.**

**2nd Monday of the month at 6:00 PM:** Bee Keepers

**Tuesdays at 10:00 AM:** Quilting

Come out and join us for quilting. Volunteer Patricia Rogers will be assisting with any of your needs or wants in our quilting class.

**1st Tuesday of the month at 6:00 PM:** Yadkin Historic Society

**2nd Tuesday of the month at 5:00 PM:** Gentry-Widow/Widower Supper Pot-Luck, meat and drinks will be provided, bring a covered dish to share.

**4th Tuesday of the month at 5:00 PM:** Senior Supper

Senior Suppers will be Pot Luck or small fee. **You must sign up for these meals at least one week prior to the event. Please call to ask if it will be POT-LUCK or if you need to make a donation toward the meal. 336-679-3596**

**Wednesdays at 10:15 -11:15 AM:** Line Dance Lessons \$

**Wednesdays at 12:00-1:00PM:** Corn Hole

**Wednesdays at 12:00 PM:** FLEXERCISE will resume as soon as we have a new instructor. Sorry for any inconvenience .

**1st & 3rd Thursday at 10:00 AM:** Senior Chorus

**2nd Thursday of the month at 11:00 AM:** Crime Prevention with Dept. O'Leary

**Thursdays:** Pegs & Jokers at 1:00 PM and Rook at 6:00 PM

**Fridays at 10:00 - 11:00 AM:** Trivia Bingo (Bring your quarters)

### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

#### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



#### How You Can Give...

**The YVEDDI Senior Centers of Yadkin County are proud United Fund Agencies!**

**We encourage you to SUPPORT THE Yadkin County United Fund**

#### By Mail:

Yadkin County United Fund  
205 S. Jackson Street  
Yadkinville, NC 27055

#### Or visit

[www.yadkincountyunitedfund.org](http://www.yadkincountyunitedfund.org)



# SEPTEMBER 2024



Mon	Tue	Wed	Thu	Fri
<b>2</b> <b>CLOSED</b> 	<b>3</b> <b>Homebound Meal Deliveries</b> <b>8:30 am Day Trip</b> 9 Walking to Music 10 Color-time/ Puzzle 10 Quilting 11 Nutrition Highlights 11:30 Lunch	<b>4</b> 9 Walking to Music 10 Color-time/ Puzzle 10:15 Line Dance Lessons \$ 11:30 Lunch 12-1 Corn Hole	<b>5</b> 9 Walking to Music 10 Color-time/ Puzzle <b>10 Senior Chorus</b> 11:30 Lunch 1 Pegs & Jokers 6 Rook	<b>6</b> 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11:30 Lunch
<b>9</b> 9 Walking to Music 10 Quarter Bingo 10 Color-Time/Puzzle 11:30Lunch 1 Rook for Beginners	<b>10</b> <b>Homebound Meal Deliveries</b> 9 Walking to Music 10 Color-time/ Puzzle 10 Quilting 11 Nutrition Highlights 11:30 Lunch <b>5 Gentry Widow-Widower Supper</b>	<b>11</b> 9 Walking to Music 10 Color-time/ Puzzle 10:15 Line Dance Lessons \$ 11:30 Lunch 12-1 Corn Hole	<b>12</b> 9 Walking to Music 10 Color-time/ Puzzle <b>11 Crime Prevention with Deputy O'Leary</b> 11:30 Lunch 1 Pegs & Jokers 6 Rook	<b>13</b> 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11:30 Lunch
<b>16</b> 9 Walking to Music <b>10 Quarter Bingo</b> 10 Color-Time/Puzzle 11:30Lunch 1 Rook for Beginners 6 Bee Keepers	<b>17</b> <b>Homebound Meal Deliveries</b> 9 Walking to Music 10 Color-time/ Puzzle 10 Quilting 11 Nutrition Highlights 11:30 Lunch	<b>18</b> <b>8-11am Pancake Breakfast Fundraiser!!!!!!</b> 9 Walking to Music 10 Color-time/ Puzzle 10:15 <b>NO LINE DANCE</b> 11:30 Lunch 12-1 Corn Hole	<b>19</b> 9 Walking to Music 10 Color-time/ Puzzle <b>10 Senior Chorus</b> 11:30 Lunch 1 Pegs & Jokers 6 Rook	<b>20</b> 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11:30 Lunch
<b>23</b> 9 Walking to Music 10 Quarter Bingo 10 Color-time/ Puzzle 11:30 Lunch 1 Rook for Beginners	<b>24</b> <b>Homebound Meal Deliveries</b> 9 Walking to Music 10 Color-time/ Puzzle 10 Quilting 11 Nutrition Highlights 11:30 Lunch <b>5:00 Senior Supper</b>	<b>25</b> 9 Walking to Music 10 Color-time/ Puzzle 10:15 Line Dance Lessons \$ 11:30 Lunch 12-1 Corn Hole	<b>26</b> 9 Walking to Music 10 Color-time/ Puzzle 11:30 Lunch 1 Pegs & Jokers 6 Rook	<b>27</b> 9 Walking to Music 10 Color-time/ Puzzle 10-11 Trivia Bingo 11:30 Lunch
<b>30</b> 9 Walking to Music 10 Quarter Bingo 10 Color Time/Puzzle 11:30 Lunch 1 Rook for Beginners				Lunch is served daily at 11:30 a.m. for ages 60 & older. You must be registered. Contact the Nutrition Site Manager for more Information

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.