



# SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

April 2025

## Important Announcements

### Virtual Classes and Activities:

**Monday Morning Check-In:** Facebook Group Chat - Mondays at 11:30 AM

Contact Carolyn Gentry to be added to the group chat.

**April 15th at 10:00 AM: Extension At Home—Fundamentals of Composting**

Call the senior center for the registration link.

### In Person Activities and Classes

**Tuesdays at 1PM: Cards**

**Thursdays at 10:30 AM: Nutrition Site Bingo** - Bring two \$1 Prizes.

**Thursdays at 12:00 PM: Weight Watchers Workshop** (Weigh-in 30 minutes prior.)

For more information, please visit **ww.com**

**NEW: Fridays at 9:30 AM: Walking Club** (Meet at the yellow poles in the parking lot.)

**April 3rd at 2:00 PM: Senior Center Garden Workshops with Surry Extension Master Gardener, Robin Portis. Beneficial Butterfly Gardens.** Registration is required. Please call the senior center to register and to find out what you need to bring. Class size is limited.

**April 16th at 2:00 PM: Craft Class with Emily Lyon. See flyer for more details.**

To register, please call the library at 336-789-5108 or the senior center at 336-415-4225.

**April 17th at 11:30 AM: Easter Sing Along with Judy and Willie**

**April 17th at 2:00 PM: Senior Center Garden Workshops with Surry Extension Master Gardener, Robin Portis. Beneficial Butterfly Gardens.** Registration is required. Please call the senior center to register and to find out what you need to bring. Class size is limited.

**April 18th: We are closed for Good Friday**

**Please come out and support the YVEDDI Resource Center Spaghetti Dinner Fundraiser on Friday, April 11th from 6-8 PM! Dine in or Carry Out. There will be door prizes, Silent Auction items, and a 50/50 Raffle! Tickets may be purchased in advance by speaking to a staff member or calling 336-593-2071.**

**See page 2 for more activities!**

**Drop-in Activities:** Games, Cards, Puzzles, DVD/Puzzle/Book Swap!

- If you are interested in a volunteer opportunity, please call the senior center.
- If you would like to be added to our newsletter email list, call Carolyn at (336) 415-4225.
- Please "Like" us on Facebook! <https://www.facebook.com/SurrySeniorCenter>



### Information for Services, Referrals & Assistance

#### Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- Legal Services
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

## How You Can Give...

*The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!*  
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County  
PO Box 409 • Mount Airy, NC 27030  
or visit [www.unitedfundofsurry.org](http://www.unitedfundofsurry.org)



United Fund of Surry

# APRIL 2025

Mon	Tue	Wed	Thu	Fri
	1 <b>9:00</b> Painting For Fun <b>9:00</b> All Day Scrapbooking <b>1:00</b> Busy Fingers Crochet <b>1:00</b> Cards	2 <b>10:00</b> Tai Chi @ Senior Center <b>10:30</b> Partner's Health <b>2:00</b> Quarter Bingo <b>3:30</b> Shag w/Linda	3 <b>10:30</b> Nutrition Site Bingo <b>12:00</b> Weight Watchers <b>2:00</b> Garden Workshop <b>Registration is Required</b>	4 <b>9:30</b> Walking Club <b>10:00</b> Tai Chi @ Senior Ctr. <b>11:00</b> Line Dance w/Blanche <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game
	7 <b>9:45</b> Yoga Light <b>11:00</b> Line Dance w/Jene <b>11:30</b> Facebook Group Chat <b>7:00</b> Shag w/Linda	8 <b>9:00</b> Painting For Fun <b>1:00</b> Busy Fingers Crochet <b>1:00</b> Cards	9 <b>10:00</b> Tai Chi @ Senior Center <b>2:00</b> Quarter Bingo <b>3:30</b> Shag w/Linda	10 <b>10:30</b> Nutrition Site Bingo <b>12:00</b> Weight Watchers
	11 <b>9:30</b> Walking Club <b>10:00</b> Tai Chi @ Senior Ctr <b>11:00</b> Line Dance w/Blanche <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game <b>6:00 Spaghetti Dinner Fund-raiser</b>	14 <b>9:45</b> Yoga Light <b>11:00</b> Line Dance w/Jene <b>11:30</b> Facebook Group Chat <b>7:00</b> Shag w/Linda	15 <b>9:00</b> Painting For Fun <b>10:00</b> Extension At Home <b>11:30</b> SCHNC Nutrition Class <b>1:00</b> Busy Fingers Crochet <b>1:00</b> Cards	16 <b>10:00</b> Tai Chi @ Senior Center <b>2:00</b> Quarter Bingo <b>2:00</b> Craft Class with Emily Lyon (See flyer for details.) <b>Registration is Required</b> <b>3:30</b> Shag w/Linda
17 <b>10:30</b> Nutrition Site Bingo <b>11:30</b> Sing Along with Judy and Willie <b>12:00</b> Weight Watchers <b>2:00</b> Garden Workshop - <b>Registration is Required</b>	18 CLOSED 	21 <b>9:45</b> Yoga Light <b>10:30</b> Book Club <b>11:00</b> Line Dance w/Jene <b>11:30</b> Facebook Group Chat <b>7:00</b> Shag w/Linda	22 <b>9:00</b> Painting For Fun <b>11:30</b> Safety Program <b>1:00</b> Busy Fingers Crochet <b>1:00</b> Cards	23 <b>10:00</b> Tai Chi @ Senior Center <b>1:30</b> Blood Pressure Checks <b>2:00</b> Quarter Bingo <b>3:30</b> Shag w/Linda
24 <b>10:30</b> Nutrition Site Bingo <b>12:00</b> Weight Watchers	25 <b>9:30</b> Walking Club <b>10:00</b> Tai Chi @ Senior Ctr. <b>11:00</b> Line Dance w/Blanche <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game	28 <b>9:45</b> Yoga Light <b>11:00</b> Line Dance w/Jene <b>11:30</b> Facebook Group Chat <b>7:00</b> Shag w/Linda	29 <b>9:00</b> Painting For Fun <b>1:00</b> Busy Fingers Crochet <b>1:00</b> Cards	30 <b>10:00</b> Tai Chi @ Senior Center <b>2:00</b> Prize Bingo <b>3:30</b> Shag w/Linda
Lunch is served daily at 11:30 a.m. for Surry County residents ages 60 & older. You must be registered. Contact <b>Susan Lawrence</b> , Nutrition Site Manager for more information. <b>(336) 415-4241</b>				

**Mission Statement:** To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

**Carolyn Gentry, Surry County Senior Center Manager - (336) 415-4225**