



# SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

October 2025

## Important Announcements

### Virtual Classes and Activities:

**Monday Morning Check-In:** Facebook Group Chat - Mondays at 11:30 AM

Contact Carolyn Gentry to be added to the group chat.

**October 21st at 10:00 AM: Extension At Home—Holiday Budgeting Magic** - Call the senior center for the registration link.

### In Person Activities and Classes

**Thursdays at 10:30 AM: Nutrition Site Bingo** - Bring two \$1 Prizes.

**Thursdays at 12:00 PM: Weight Watchers Workshop** (Weigh-in 30 minutes prior.)

For more information, please visit [ww.com](http://ww.com)

**October 2nd at 2:30 PM: Genealogy Activity—Who Do You Think You Are?** - Call to register and get instructions.

**October 9th at 2:00 PM: Senior Center Garden Workshop with Surry Extension Master Gardener, Robin Portis—Fall Harvest Centerpiece.** Registration is required. Class size is limited. Please call the senior center to register.

**October 17th at 1:00 PM: Writers' Group**

**October 22nd at 12:15 Cooking Class w/Providence Kitchens,** Cooking with Fiber

**October 23rd at 2:00 PM: Community Garden Workshop with Surry Extension Master Gardener, Robin Portis—Fall Harvest Centerpiece.** Registration is required. Class size is limited. Please call the senior center to register.

**October 29 at 2:00 PM: Halloween Prize Bingo** - Wear a Halloween costume, or Fall festive clothing to get an extra door prize ticket!

**October 1st—December 1st: Food Drive for Yokefellow Ministry Food Pantry.** Please bring non-perishable food items to donate to the food pantry. You CAN make a difference!

**NoneSuch Playmakers Presents A Mystery Double Feature,** a fundraiser to benefit the Angela H. Llewellyn Foundation Scholarship Fund and the YVEDDI Resource Center.

Admission is "pay what you can" at the door.

**October 17th and 18th at 7:00 PM and October 19th at 3:00 PM.**

**See page 2 for more activities!**

**Drop-in Activities:** Games, Cards, Puzzles, DVD/Puzzle/Book Swap!

- If you are interested in a volunteer opportunity, please call the senior center.
- If you would like to be added to our newsletter email list, call Carolyn at (336) 415-4225.
- **Please "Like" us on Facebook!**

<https://www.facebook.com/SurrySeniorCenter>

### Information for Services, Referrals & Assistance Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

### Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Legal Services
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care



## How You Can Give...

*The YVEDDI Senior Centers of Surry County are proud United Fund Agencies!*  
We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County  
PO Box 409 • Mount Airy, NC 27030  
or visit [www.unitedfundofsurry.org](http://www.unitedfundofsurry.org)



Happy Halloween

# OCTOBER 2025



Mon	Tue	Wed	Thu	Fri
	<p>Lunch is served daily at 11:30 a.m. for Surry County residents ages 60 &amp; older. You must be registered. Contact <b>Susan Lawrence</b>, Nutrition Site Manager for more information. <b>(336) 415-4241</b></p>	<p>1  <b>10:00</b> Tai Chi @ Senior Ctr.  <b>2:00</b> Quarter Bingo  <b>3:30</b> Shag w/Linda</p>	<p>2  <b>10:30</b> Nutrition Site Bingo  <b>12:00</b> Weight Watchers  <b>2:30</b> Genealogy Activity</p>	<p>3  <b>10:00</b> Tai Chi @ Senior Ctr  <b>11:00</b> Line Dance w/Blanche  <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game</p>
<p>6  <b>9:45</b> Yoga Light  <b>11:00</b> Chair Exercise  <b>11:00</b> Line Dance w/Jene  <b>11:30</b> Facebook Group Chat  <b>7:00</b> Shag w/Linda</p>	<p>7  <b>9:00</b> Painting For Fun  <b>11:30</b> Health Program  <b>1:00</b> Busy Fingers Crochet</p>	<p>8  <b>10:00</b> Tai Chi @ Senior Center  <b>2:00</b> Quarter Bingo  <b>3:30</b> Shag w/Linda</p>	<p>9  <b>10:30</b> Nutrition Site Bingo  <b>12:00</b> Weight Watchers  <b>2:00</b> Garden Workshop  <b>Registration is Required</b></p>	<p>10  <b>10:00</b> Tai Chi @ Senior Ctr  <b>11:00</b> Line Dance w/Blanche  <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game</p>
<p>13  <b>9:45</b> Yoga Light  <b>11:00</b> Line Dance w/Jene  <b>11:30</b> Facebook Group Chat  <b>7:00</b> Shag w/Linda</p>	<p>14  <b>9:00</b> Painting For Fun  <b>1:00</b> Busy Fingers Crochet</p>	<p>15  <b>10:00</b> Tai Chi @ Senior Ctr.  <b>2:00</b> Quarter Bingo  <b>3:30</b> Shag w/Linda</p>	<p>16  <b>10:30</b> Nutrition Site Bingo  <b>11:30</b> Sing Along w/Judy and Willie  <b>12:00</b> Weight Watchers</p>	<p>17  <b>10:00</b> Tai Chi @ The Library  <b>11:00</b> Line Dance w/Blanche  <b>1:00</b> Writers Group  <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game  <b>7:00</b> <b>Mystery Double Feature w/the NoneSuch Playmakers</b></p>
<p>20  <b>9:45</b> Yoga Light  <b>10:30</b> Book Club  <b>11:00</b> Chair Exercise  <b>11:00</b> Line Dance w/Jene  <b>11:30</b> Facebook Group Chat  <b>7:00</b> Shag w/Linda</p>	<p>21  <b>9:00</b> Painting For Fun  <b>10:00</b> Extension At Home  <b>11:30</b> SCHNC Nutrition Class  <b>1:00</b> Busy Fingers Crochet</p>	<p>22  <b>10:00</b> Tai Chi @ Senior Center  <b>12:15</b> Cooking Class w/ Providence Kitchens  <b>2:00</b> Quarter Bingo  <b>3:30</b> Shag w/Linda</p>	<p>23  <b>10:30</b> Nutrition Site Bingo  <b>12:00</b> Weight Watchers  <b>2:00</b> Garden Workshop  <b>Registration is Required</b></p>	<p>24  <b>10:00</b> Tai Chi @ The Library  <b>11:00</b> Line Dance w/Blanche  <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game</p>
<p>27  <b>9:45</b> Yoga Light  <b>11:00</b> Line Dance w/Jene  <b>11:30</b> Facebook Group Chat  <b>7:00</b> Shag w/Linda</p>	<p>28  <b>9:00</b> Painting For Fun  <b>11:30</b> Safety Class  <b>1:00</b> Busy Fingers Crochet</p>	<p>29  <b>10:00</b> Tai Chi @ Senior Center  <b>2:00</b> Halloween Prize Bingo  <b>3:30</b> Shag w/Linda</p>	<p>30  <b>10:30</b> Nutrition Site Bingo  <b>12:00</b> Weight Watchers</p>	<p>31 <b>Halloween</b>   <b>10:00</b> Tai Chi @ The Library  <b>11:00</b> Line Dance w/Blanche  <b>1:00</b> Bowling @ Mount Airy Bowling Lanes—\$2/game</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Carolyn Gentry, Surry County Senior Center Manager - (336) 415-4225