



SURRY COUNTY SENIOR COMMUNITY CENTER NEWS



A North Carolina Certified Senior Center of Excellence

November 2025

Important Announcements

Virtual Classes and Activities:

Monday Morning Check-In: Facebook Group Chat - Mondays at 11:30 AM

Contact Carolyn Gentry to be added to the group chat.

November 18th at 10:00 AM: Extension At Home—Caregiving During the Holidays - Call the senior center for the registration link.

In Person Activities and Classes

Thursdays at 10:30 AM: Nutrition Site Bingo - Bring two \$1 Prizes.

Thursdays at 12:00 PM: Weight Watchers Workshop (Weigh-in 30 minutes prior.)

For more information, please visit ww.com

November 6th at 2:00 PM: Senior Center Garden Workshop with Surry Extension

Master Gardener, Robin Portis. Love Those Lenten Roses. Registration is required. Class size is limited. Please call the senior center to register.

November 13th at 2:00 PM: Technology Class. Learn how to use our favorite shopping app on a smartphone. Call the senior center for more details. Registration is required.

November 19th at 2:00 PM: Prize Bingo Prize Bingo will be held early this month due to the last Wednesday being the day before Thanksgiving and we don't want to pull people away from their kitchens!

November 21st at 1:00 PM: Writers' Group

October 1st - December 1st: Food Drive for Yokefellow Ministry Food Pantry. Please bring non-perishable food items to donate to the food pantry. You CAN make a difference!

SAVE THE DATES: Upcoming NoneSuch Playmakers Fundraiser Events!

December 5th—7th, The Gift of the Magi

December 12th—14th, Christmas Celtic Ceilidh

Drop-in Activities: Games, Cards, Puzzles, DVD/Puzzle/Book Swap!

- If you are interested in a volunteer opportunity, please call the senior center.
- If you would like to be added to our newsletter email list, call Carolyn at (336) 415-4225.
- Please "Like" us on Facebook!

<https://www.facebook.com/SurrySeniorCenter>



Information for Services, Referrals & Assistance Program's Offered On-Site:

- Health Screenings
- Fitness and Health Promotion
- Insurance Counseling
- Tax Preparation/Counseling
- General and Medical Transportation
- Home Repair/Modification
- Medicare Parts A, B and D
- Congregate Meals/Home Delivered Meals
- Disaster Preparedness
- Report Suspected Abuse, Neglect or Exploitation
- Senior Games
- Telephone Reassurance
- Job Training/Placement
- Durable Equipment/Assistive Devices

Services Offered Through Information, Referral and Assistance:

- Housing Assistance
- Legal Services
- Reverse Mortgage Counseling
- Home Health Services/In-home Aide Services
- Medicaid Benefits
- Social Security Benefits
- Long-term Care Facilities
- Rehabilitation Services
- Respite
- Energy Assistance
- Food Distribution
- Adult Day Care
- Mental Health
- Hospice Care

How You Can Give...

The YVEDDI Senior Centers of Surry County are proud United Fund Agencies! We encourage you to SUPPORT THE United Fund of Surry County.

By Mail: United Fund of Surry County
PO Box 409 • Mount Airy, NC 27030
or visit www.unitedfundofsurry.org



NOVEMBER 2025



Mon	Tue	Wed	Thu	Fri
	<p>Lunch is served daily at 11:30 a.m. for Surry County residents ages 60 & older. You must be registered. Contact Susan Lawrence, Nutrition Site Manager for more information. (336) 415-4241</p>			
<p>3 9:45 Yoga Light 11:00 Chair Exercises 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 1:00 Painting For Fun 7:00 Shag w/Linda</p>	<p>4 Senior Center is CLOSED.</p>	<p>5 10:00 Tai Chi 11:30 Health Program 1:00 Busy Fingers Crochet 2:00 Quarter Bingo 3:30 Shag w/Linda</p>	<p>6 10:30 Nutrition Site Bingo 12:00 Weight Watchers 2:00 Garden Workshop Registration is Required</p>	<p>7 10:00 Tai Chi @ The Library 11:00 Line Dance w/Blanche 1:00 Bowling @ Mount Airy Bowling Lanes—\$2/game</p>
<p>10 9:45 Yoga Light 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda</p>	<p>11 CLOSED Veterans' Day </p>	<p>12 10:00 Tai Chi 1:00 Busy Fingers Crochet 1:30 Blood Pressure Checks 2:00 Quarter Bingo 3:30 Shag w/Linda</p>	<p>13 10:30 Nutrition Site Bingo 12:00 Weight Watchers 2:00 Technology Class—Using our favorite shopping app on our cell phones. Registration is required.</p>	<p>14 10:00 Tai Chi @ The Library 11:00 Line Dance w/Blanche 1:00 Bowling @ Mount Airy Bowling Lanes—\$2/game</p>
<p>17 9:45 Yoga Light 10:30 Book Club 11:00 Chair Exercises 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda</p>	<p>18 9:00 Painting For Fun 10:00 Extension At Home 11:30 SCHNC Nutrition Class 1:00 Busy Fingers Crochet</p>	<p>19 10:00 Tai Chi 2:00 Prize Bingo 3:30 Shag w/Linda</p>	<p>20 10:30 Nutrition Site Bingo 11:30 Sing Along w/Judy and Willie 12:00 Weight Watchers</p>	<p>21 10:00 Tai Chi @ The Library 11:00 Line Dance w/Blanche 1:00 Writers Group 1:00 Bowling @ Mount Airy Bowling Lanes—\$2/game</p>
<p>24 9:45 Yoga Light 11:00 Line Dance w/Jene 11:30 Facebook Group Chat 7:00 Shag w/Linda</p>	<p>25 9:00 Painting For Fun 11:30 Safety Class 1:00 Busy Fingers Crochet</p>	<p>26 10:00 Tai Chi @ Senior Center 3:30 Shag w/Linda</p>	<p>27 CLOSED </p>	<p>28 CLOSED</p>

Mission Statement: To improve and maintain independent wellness for the senior community through advocacy, nutrition, volunteerism and vigorous programming to promote healthy minds, bodies and spirits.

Carolyn Gentry, Surry County Senior Center Manager • (336) 415-4225